

0:00:09.916,0:00:12.750
Welcome, everybody, to the Ogden
Way Podcast, a place where we talk

0:00:12.750,0:00:16.208
about the stories of Ogden
by telling the stories of Ogden???'s people.

0:00:16.666,0:00:19.958
And we have today
one of Ogden's best people.

0:00:20.125,0:00:22.708
Thanks for Jennie Taylor.
I'm excited to be here.

0:00:22.708,0:00:25.625
This is great. I love what you're doing
and getting the Ogden way out there.

0:00:25.625,0:00:26.333
Thank you.

0:00:26.333,0:00:30.625
Well, you are absolutely somebody
who lives and breathes the Ogden way.

0:00:30.916,0:00:33.208
Which is funny
because I did grow up around here,

0:00:33.208,0:00:36.791
and I kind of made fun of the people
who stayed around here for generations.

0:00:37.166,0:00:39.833
And I could not wait to get out of here.

0:00:39.833,0:00:41.833
And then life takes twists and turns
and I'm back.

0:00:41.833,0:00:44.708
And I can't imagine anywhere else
I'd rather be.

0:00:44.708,0:00:46.500
Actually, I felt the same way I came here.

0:00:47.500,0:00:49.250
I loved it while I was here.

0:00:49.250,0:00:49.708
Sure.

0:00:49.708,0:00:50.916
Me and my teammates, we all thought

0:00:50.916,0:00:53.541
we were going to go somewhere else,
and we all came back and just.

0:00:53.541,0:00:56.500
I know, and it's just is a place
that captures your heart and here.

0:00:56.500,0:00:57.333
And here we are.

0:00:57.333,0:00:58.583
It's a great place to be here.

0:00:58.583,0:01:01.583
Well, actually, I think it's
because we meet people like you

0:01:01.625,0:01:05.208
and like so many others,

and we become connected with each other.

0:01:05.208,0:01:06.375
And it's just.

0:01:06.375,0:01:08.750
I don't just want to leave Ogden
I don't want to leave my people.

0:01:08.750,0:01:11.125
No, it's a community effort
for sure. For sure.

0:01:11.125,0:01:13.500
It takes a village
and we have a village for all generations.

0:01:13.500,0:01:15.083
Not just little kids, right?

0:01:15.083,0:01:17.750
Yeah. Yeah. Well,
thanks for being in our village.

0:01:17.750,0:01:19.875
Me and Jaynee love you to death.
Thanks for leading the village.

0:01:19.875,0:01:22.166
Oh, yeah. You know, I'm
willing to do. You???re doing great things.

0:01:22.166,0:01:24.166
Some great things.
I love what you and the city are doing.

0:01:24.166,0:01:27.125
Your leadership is noticed. So.
Thank you. Wow, thanks.

0:01:27.125,0:01:28.000
Appreciate that.

0:01:28.000,0:01:31.333
People don't say such
kind things to me often, but thank you.

0:01:32.166,0:01:36.583
So here on the podcast, we talk obviously
about our people here in Oregon,

0:01:37.125,0:01:39.708
but we like to get to the root of it.

0:01:39.708,0:01:43.000
Get to the heart of who we are
and I know who you are.

0:01:43.000,0:01:44.500
And I think a lot of people know
who you are.

0:01:44.500,0:01:46.416
But for those that don't.

0:01:46.416,0:01:48.250
Let's talk about Jennie like.

0:01:49.458,0:01:50.666
Okay I'm ready.

0:01:50.666,0:01:52.500
Yep. I have accurate information.

0:01:52.500,0:01:53.375
Well, it's my memory.

0:01:53.375,0:01:55.666

And for anybody watching,
she's not one to brag on herself.

0:01:55.666,0:01:57.791
So I'm kind of having to pull this out.

0:01:57.791,0:01:58.333
Right.

0:01:58.333,0:02:01.166
But you'll be impressed
with what we pull out of here.

0:02:01.166,0:02:04.166
So, Jennie,

0:02:04.166,0:02:07.166
let's let's start with you grew up.

0:02:07.166,0:02:09.666
Tell us where you grew
up. Tell us the story.

0:02:09.666,0:02:13.333
So my name is Jennie Taylor, and
I consider myself a North Ogden native.

0:02:13.666,0:02:16.666
That's where my family moved
when I was in sixth grade.

0:02:17.083,0:02:19.125
Prior to that, I was born in Salt Lake.

0:02:19.125,0:02:22.875
My parents marriage and finances
got a little rocky when I was younger.

0:02:22.875,0:02:24.500
We moved around several times.

0:02:24.500,0:02:27.541
I was in North Ogden for a quick minute
in second grade.

0:02:28.083,0:02:31.333
We moved to Omaha, Nebraska
for a few years when my mom was employed

0:02:31.333,0:02:33.375
by Union Pacific Railroad.

0:02:33.375,0:02:36.291
And then my dad died by suicide
when I was in fifth grade. Wow.

0:02:36.291,0:02:39.666
And that's what brought us to North Ogden,
because by that point, my grandfather

0:02:39.666,0:02:42.750
and my grandparents
had, a home in North Ogden.

0:02:43.208,0:02:47.083
And so my mom, now
a widowed mother of four young kids,

0:02:47.791,0:02:51.666
was looking for work, was looking
for a village, was looking for hope.

0:02:52.041,0:02:54.916
And so we moved back and ended up
living literally

0:02:54.916,0:02:57.916
just down the street and around the corner

from Grandma and Grandpa.

0:02:57.916,0:02:59.791

And that's some of my earliest memories.

0:02:59.791,0:03:00.708

Sixth grade and forward.

0:03:00.708,0:03:04.583

So I'm a Greenacres Grizzly for anyone
listening North Ogden Knight

0:03:04.916,0:03:06.166

and a Weber Warrior.

0:03:06.166,0:03:07.375

So this is home.

0:03:07.375,0:03:09.666

As long as you're not a Montana grizzly,
I'm gonna like you.

0:03:09.666,0:03:12.458

And I'm a green acres. Green acres.

0:03:12.458,0:03:15.125

Got some history there.
So you're a North Ogden,

0:03:16.208,0:03:18.083

kid. And

0:03:18.083,0:03:21.083

I know that
you still consider yourself an Ogden kid.

0:03:21.250,0:03:23.375

We are a greater Ogden community.

0:03:23.375,0:03:25.416

I go home for sure. And

0:03:25.416,0:03:28.833

and really, it's thanks to so many people
you and I were talking off air.

0:03:29.375,0:03:34.250

The people who, Who are our village,
who are our community.

0:03:34.250,0:03:36.458

I think back to junior
high and high school.

0:03:36.458,0:03:38.333

You know, statistically speaking,

0:03:38.333,0:03:41.333

I was raised by a single mom
who had a high school diploma.

0:03:41.375,0:03:44.750

I had two older brothers
who got heavily involved in and drinking

0:03:44.750,0:03:46.875

and all kinds of addictive substances.

0:03:46.875,0:03:48.625

My dad had died by suicide.

0:03:48.625,0:03:52.791

In a generation where we did not say
the word suicide out loud.

0:03:53.208,0:03:56.500

Statistically speaking,
I should have been a train wreck.

0:03:56.875,0:03:59.791

All kinds of sociological issues.

0:03:59.791,0:04:02.875

When in reality, what happened
was I found great friends.

0:04:03.500,0:04:06.208

I found great teachers.

0:04:06.208,0:04:09.041

I found great parents of my friends

0:04:09.041,0:04:11.500

who just became
those role models that I needed.

0:04:11.500,0:04:13.333

And you know what it was?

0:04:13.333,0:04:15.333

They didn't sit down
and tell me what not to do

0:04:15.333,0:04:18.625

and how to be careful of my upbringing
and try to break the norm

0:04:18.625,0:04:21.916

of what statistically
might be expected of of my background.

0:04:22.625,0:04:24.958

They saw what was good in me.

0:04:24.958,0:04:27.875

They saw maybe what I was good at
or what I could do.

0:04:27.875,0:04:30.583

And they encouraged that,
and they encouraged me.

0:04:30.583,0:04:34.875

And I think of those those teachers
and especially friends, parents often,

0:04:35.375,0:04:38.125

particularly in the last few years
where life has flipped upside down

0:04:38.125,0:04:39.541

a couple of times.

0:04:39.541,0:04:41.416

I go back to those young memories.

0:04:41.416,0:04:44.208

Not that I ever want to go back to junior
high and high school.

0:04:44.208,0:04:46.583

Don't get me wrong,
it was a great while it lasted.

0:04:46.583,0:04:49.416

But some of those
earliest lessons of resilience,

0:04:49.416,0:04:52.625

some of those earliest opportunities
to build confidence.

0:04:52.958,0:04:55.458

You know, I think back in our day,
you didn't get the confidence.

0:04:55.458,0:04:56.666

You had to build it.

0:04:56.666,0:04:59.666

There was no trophy for playing
like if you lost, you lost.

0:05:00.125,0:05:01.625

And losing is hard.

0:05:01.625,0:05:03.833

But if you could find something
you were good at and

0:05:03.833,0:05:06.166

and like I said, that's
what some of the greatest mentors

0:05:06.166,0:05:09.625

in my life, all from this Ogden area,
really helped me with.

0:05:10.083,0:05:11.750

There were plenty of things
I wasn't good at.

0:05:11.750,0:05:12.875

I'm not athletic.

0:05:12.875,0:05:14.208

I was never the popular girl.

0:05:14.208,0:05:16.750

I had frizzy red hair
and could never really know

0:05:16.750,0:05:18.750

what to do with it to this day.

0:05:18.750,0:05:21.000

But there were things I could do

0:05:21.000,0:05:22.041

and then I could kind of

0:05:22.041,0:05:25.166

just get into that lane
and find my own level of excellence

0:05:25.166,0:05:29.875

and my own level of confidence that comes
with working hard and overcoming.

0:05:29.875,0:05:32.750

And I'll tell you, that's carried me
through now four and a half decades.

0:05:32.750,0:05:35.750

Well,
so you've always been this confident.

0:05:36.083,0:05:37.583

Well, I don't know.

0:05:37.583,0:05:42.333

I think you I think if you met people
who knew me in junior high and high school

0:05:42.625,0:05:45.541

and people who know me today
in my mid 40s,

0:05:45.541,0:05:48.125

they say, yeah,
that's Jennie Ashworth Taylor,

0:05:48.125,0:05:51.458

I think if you knew people

who only knew me in the middle when,

0:05:51.458,0:05:54.000
I don't know how much of the story
to jump into.

0:05:54.000,0:05:56.750
My husband I met on a blind date at BYU.

0:05:56.750,0:05:59.208
I had a master's degree,
but as soon as my kids were born,

0:05:59.208,0:06:02.125
I quit my job
and stayed home to raise my kids.

0:06:02.125,0:06:05.750
I've given birth seven times
and drive a big white van.

0:06:06.166,0:06:08.208
And living that life in the middle.

0:06:08.208,0:06:11.541
It was a time of growth and development

0:06:12.166,0:06:15.416
that I feel prepared me
for some of what life

0:06:15.416,0:06:18.500
looks like in my mid-forties,
based on what I learned in my teens.

0:06:18.750,0:06:20.583
But I'll tell you,
the 20s and 30s were rough

0:06:20.583,0:06:22.625
because I'm not domestically gifted.

0:06:22.625,0:06:24.375
That is not one of my strengths.

0:06:24.375,0:06:25.333
Can ask my kids.

0:06:25.333,0:06:29.333
I probably shouldn't have been the woman
that had the seven kids, but here we are.

0:06:29.333,0:06:33.125
I know God knew I needed to, to learn
and to grow with each of them.

0:06:33.125,0:06:37.250
And the greatest joys and
the hardest hearts come from family life.

0:06:37.291,0:06:39.416
I think we can all agree that.

0:06:39.416,0:06:42.083
But I've always valued hard work.

0:06:42.083,0:06:46.291
I've always valued education
for education sake, and

0:06:46.958,0:06:50.125
I think some of the greatest lessons
I've learned, whether it's confidence or

0:06:50.125,0:06:51.500
not, is just

0:06:52.500,0:06:55.625

getting back
up and maybe a little bit of a challenge.

0:06:55.750,0:06:56.833
I don't know about you.

0:06:56.833,0:06:58.708
I think you might kind of
be a little similar,

0:06:58.708,0:07:02.333
where maybe someone thought you couldn't
do something, maybe.

0:07:02.375,0:07:05.291
And so that might be the motive
to do something,

0:07:05.291,0:07:08.375
you know, and so or might start that way
and then it turns into something bigger.

0:07:08.375,0:07:10.166
Or it turns into something. Yeah. Yeah.

0:07:10.166,0:07:12.166
So I don't know that
I always had confidence.

0:07:12.166,0:07:14.666
I in fact, I would say no, as a younger
girl, I didn't.

0:07:14.666,0:07:16.916
I look back
now, I'm like I completely had anxiety.

0:07:16.916,0:07:18.916
We just didn't know the terms for it.

0:07:18.916,0:07:22.583
I was very self-conscious again,
bright red hair.

0:07:22.583,0:07:26.416
When we moved from Utah to Nebraska,
I was horrendously behind in school.

0:07:27.250,0:07:31.083
Not to point fingers in anybody's
education system, but Utah's is very full

0:07:31.583,0:07:34.083
and not funded. Super
high versus Nebraska.

0:07:34.083,0:07:39.333
I think we had 16 kids in my class and two
classes in my whole grade at the school.

0:07:39.333,0:07:41.333
Property taxes were much higher.

0:07:41.333,0:07:43.833
The education system was further advanced.

0:07:43.833,0:07:47.041
So when we got there as a ten year old,
I was very behind.

0:07:47.041,0:07:50.041
I remember coming home from school
every day and crying

0:07:50.083,0:07:53.666
and the flip side,
when we moved back to Utah.

0:07:54.458,0:07:57.083

From that point on, if you were further ahead, and that's what I was good at.

0:07:57.083,0:07:58.291

I was good at academics.

0:07:58.291,0:08:01.166

I was good at getting the grade I, I could sing and act,

0:08:01.166,0:08:04.041

and I did some of those theatrical things as the extracurricular.

0:08:04.041,0:08:08.041

But the lane I really found was I could academically excel.

0:08:08.791,0:08:12.791

And that finding confidence in that lane, that one lane

0:08:13.208,0:08:17.125

helped, helped me grow through some of the lack of confidence

0:08:17.125,0:08:18.791

I had in a lot of other lanes,

0:08:18.791,0:08:21.333

and there'd be maybe some advice I'd give to someone listening.

0:08:21.333,0:08:23.458

It's really easy to wish we could be good at everything.

0:08:23.458,0:08:26.750

We all want to be Superman and do all of the things, and Instagram

0:08:26.750,0:08:29.875

makes it look like we all do, when in reality

0:08:30.708,0:08:33.250

I say lean into what you are good at,

0:08:33.250,0:08:36.625

really lean into those passions you have, maybe those strengths,

0:08:37.166,0:08:39.791

and see if you can develop some confidence in that.

0:08:39.791,0:08:42.291

Then maybe you can dabble in the things you're terrible at,

0:08:42.291,0:08:44.666

or maybe you can just set those aside.

0:08:44.666,0:08:47.625

But I think real confidence has to come in.

0:08:47.625,0:08:51.375

And finding kind of where your passions and your abilities intersect with

0:08:51.375,0:08:55.833

maybe a need in the world, and then you can develop that confidence

0:08:55.833,0:08:58.833

to push through some of the things

maybe you're not naturally very good at,

0:08:58.875,0:09:01.875
because I'm not naturally good
at plenty of things.

0:09:01.916,0:09:05.208
Unfortunately, motherhood and domestic
life were at the top of that list,

0:09:05.458,0:09:07.291
but I persevere. I pushed through.

0:09:07.291,0:09:11.500
Hey, my mom, my mom told me one time
she said, lower your standard as a parent.

0:09:11.500,0:09:12.625
Yeah, just lower the expectations.

0:09:12.625,0:09:14.875
Telling this to Jody Brown,
who you know and love.

0:09:14.875,0:09:16.291
Love Jody Brown I do.

0:09:16.291,0:09:18.666
If you have this expectation
for perfection.

0:09:18.666,0:09:21.541
Things are not going to go very well
for them or for you, for them or for you.

0:09:21.541,0:09:24.250
And that's
that's the lesson. Definitely learning.

0:09:24.250,0:09:28.625
My oldest son just turned 18,
and my next son just congratulated me

0:09:28.625,0:09:30.833
for making it through. Two kids
turning 18.

0:09:30.833,0:09:32.000
He's like, mom, you did it.

0:09:32.000,0:09:33.333
You've got two kids. 18.

0:09:33.333,0:09:34.291
It's a big deal.

0:09:34.291,0:09:34.875
It's a big deal.

0:09:34.875,0:09:36.958
You've done awesome. And five more to go.

0:09:36.958,0:09:38.708
Well, now you're back in Utah.

0:09:38.708,0:09:40.416
Yep. You found community.

0:09:40.416,0:09:41.791
Yeah, but you talk about friends.

0:09:41.791,0:09:44.583
You found neighbors
and a whole support network.

0:09:44.583,0:09:47.083
That's that's finding community.
You also found faith.

0:09:47.083,0:09:49.041
And eventually it sounds like
you found the love of your life.

0:09:49.041,0:09:50.458
I did. Lucky for you.

0:09:50.458,0:09:55.208
I found this kid on a blind date
that, wanted to join the army.

0:09:55.708,0:09:58.625
And I remember that came up on
maybe our second date, and I thought

0:09:59.791,0:10:01.916
I kind of had, like, a physical reaction.

0:10:01.916,0:10:05.875
I can remember when he mentioned wanting
to join the military shortly after 911.

0:10:05.875,0:10:08.041
This is the very beginning of 2003.

0:10:08.041,0:10:10.458
So we were not yet at war in Iraq.

0:10:10.458,0:10:12.916
We were barely in Afghanistan.

0:10:12.916,0:10:16.125
For the most part,
National Guardsmen prior to this had been

0:10:16.666,0:10:19.166
training military part time military.

0:10:19.166,0:10:21.708
And I remember, early
dating him, mentioning

0:10:21.708,0:10:23.250
that he wanted to join the military.

0:10:23.250,0:10:25.125
And I

0:10:25.125,0:10:27.625
just kind of had that.

0:10:27.625,0:10:28.875
I don't know what to say to that.

0:10:28.875,0:10:31.375
And then I thought, why do I care?
I don't even this kid.

0:10:31.375,0:10:33.083
But anyway. You???re like it's
not going to lead to anything.

0:10:33.083,0:10:34.833
It's not going to do anything. It did.

0:10:34.833,0:10:37.833
So the entire time
Brent and I were dating,

0:10:37.833,0:10:41.083
I joke he was courting me,
and the recruiters were courting him.

0:10:41.625,0:10:44.750
And in the middle of June of 2003,

0:10:45.291,0:10:48.500

we walked hand in hand
into the recruiter's office, three days

0:10:48.500,0:10:51.541
after he had,
and he had proposed to me, he married.

0:10:52.041,0:10:55.041
So his military service was always ours.

0:10:55.083,0:10:58.291
And, you know, part of that,
I joke that I had a master's degree

0:10:58.291,0:11:03.000
and a ton of ambition, and I quit my job
to stay home and be a mom.

0:11:03.000,0:11:05.208
And I don't regret it for a minute.

0:11:05.208,0:11:10.166
It was also part of that military life
where, you know, a lot of military spouses

0:11:10.166,0:11:14.000
struggle to find meaningful employment,
whether they're moving around a lot

0:11:14.000,0:11:15.791
or have a deployed spouse on and off.

0:11:15.791,0:11:19.041
So, Brent, I joke there's no way

0:11:19.041,0:11:23.250
he could have done what he did
had I not been willing to do what I did.

0:11:23.333,0:11:26.666
And we knew that
and we had a very open partnership, right?

0:11:26.666,0:11:27.208
Very.

0:11:27.208,0:11:30.208
You could call it traditional gender roles
if you want.

0:11:30.291,0:11:33.250
I was not a doormat,
in case anyone's wondering,

0:11:33.250,0:11:36.625
but he was the one gainfully employed,
and I stayed home with all those kiddos.

0:11:37.166,0:11:41.000
He deployed to Iraq twice early
in our marriage when we had two kids.

0:11:41.583,0:11:44.416
He went to Afghanistan
when we had four kids.

0:11:44.416,0:11:48.416
At the same time, he had been elected as
a member of the North Ogden City Council,

0:11:48.416,0:11:53.916
so I have a heart for city government
and your family, what they go

0:11:53.916,0:11:57.333
through and support you to be able
to do what you do for your citizens.

0:11:57.333,0:11:59.208
So thank you and them for that.

0:11:59.208,0:11:59.875
You???re welcome.

0:11:59.875,0:12:02.375
About partway through that first term
as a city councilman.

0:12:02.375,0:12:05.375
He got deployed
and went to Afghanistan for a year.

0:12:05.458,0:12:07.958
They put a temporary councilman,
and he came home.

0:12:07.958,0:12:12.208
And then for five, six years went by
and he served on the council.

0:12:12.208,0:12:14.041
He was elected as mayor.

0:12:14.041,0:12:15.125
We had a couple more kids.

0:12:15.125,0:12:18.750
Pretty soon we're up to seven
and we're getting old at this point,

0:12:18.875,0:12:21.875
we're both 38,
which is, in the military's world,

0:12:21.958,0:12:23.750
kind of old.
I mean, the generals are older,

0:12:23.750,0:12:26.750
but the young guys,
they're the young guys, right?

0:12:27.166,0:12:30.791
And so when I was seven months pregnant
with our seventh baby,

0:12:31.541,0:12:34.916
Brent had gone to some National Guard
meetings down at the headquarters

0:12:34.916,0:12:38.791
in Draper, Utah, sent me a text message
after a meeting

0:12:38.791,0:12:42.333
that just said, hey, hun,
when I get home, we need to talk.

0:12:43.333,0:12:45.958
And that was I already knew.

0:12:45.958,0:12:47.041
Deployed again.

0:12:47.041,0:12:49.583
Yeah so he was on his way
to Afghanistan again.

0:12:49.583,0:12:52.833
So it came as a surprise to all of us,
to both of us.

0:12:53.250,0:12:55.833
The military is very good at on again,
off again.

0:12:55.833,0:12:59.375

You're not really going anywhere till you have orders and you're going somewhere.

0:12:59.916,0:13:04.375

And so we didn't publicize it a lot at first.

0:13:04.375,0:13:06.750

We were kind of waiting to see what would happen.

0:13:06.750,0:13:09.916

He was quite a bit older to be going over

0:13:09.916,0:13:13.291

and in kind of a combat unit, and he was a National Guardsman.

0:13:13.916,0:13:14.500

He was a mayor.

0:13:14.500,0:13:18.708

He was Caucasian guy from Utah, and he was attached

0:13:18.708,0:13:22.916

to the Army Ranger Regiment, which are like the tough guys.

0:13:23.541,0:13:25.625

And it's funny to hear his side of the story

0:13:25.625,0:13:30.208

because when he deployed and was attached to the Rangers, they were already there.

0:13:30.333,0:13:33.875

He kind of added on as he got there to serve in an advisory role.

0:13:34.333,0:13:37.333

They were helping advise the Afghan,

0:13:37.333,0:13:40.791

special forces to be able to take over their own national security.

0:13:40.791,0:13:43.500

So and you can imagine what they're expecting.

0:13:43.500,0:13:46.500

Here's the Army Rangers, if anyone listening knows anything about Army

0:13:46.500,0:13:49.958

Rangers, Navy Seals, the Delta Force, call them what you will.

0:13:49.958,0:13:51.583

These guys are tough, right?

0:13:51.583,0:13:54.416

They've got this National Guardsmen, part

0:13:54.416,0:13:57.416

time mayor from northern Utah,

0:13:57.583,0:14:01.291

almost 40 years old, coming to be their advisor guy.

0:14:01.291,0:14:02.041

BYU grad.

0:14:02.041,0:14:05.125

They lowered the bar quite a bit.

0:14:05.125,0:14:06.958
You speak of lowering expectations.

0:14:06.958,0:14:09.041
They did not expect much of him.

0:14:09.041,0:14:13.500
And when he got there,
he he loved serving in the uniform so much

0:14:14.458,0:14:17.791
and he knew that he was kind of walking
into this, who's this guy?

0:14:17.833,0:14:20.416
Environment challenge accepted him.

0:14:20.416,0:14:23.166
And I think he was the happiest
he'd ever been in uniform

0:14:23.166,0:14:26.041
in best shape of his life, worked
as hard as he could.

0:14:26.041,0:14:28.958
He loved going to the gun range
and holding his own with them, out

0:14:28.958,0:14:31.916
shooting some of them
which they weren't super happy with.

0:14:31.916,0:14:34.958
But he again,
confidence comes through achievement

0:14:35.625,0:14:40.583
and he was living his best life,
commanding those commandos and

0:14:40.708,0:14:45.750
the special forces from the Afghan side,
a great partnership with our NATO allies.

0:14:45.750,0:14:47.583
At the time it was Spain.

0:14:47.583,0:14:50.208
And every weekend
they would go on a ruck march,

0:14:50.208,0:14:54.958
which is a hike and physical fitness
team building camaraderie, laughing

0:14:54.958,0:14:59.666
and racing each other with all this body
gear on and every weekend.

0:14:59.666,0:15:01.708
Predictable. Very predictable.

0:15:01.708,0:15:05.708
Somewhere along the lines,
during that year long deployment,

0:15:06.208,0:15:09.208
one of the Afghan commandos,
part of the training group,

0:15:09.750,0:15:12.750
had become indoctrinated,
indoctrinated with,

0:15:13.333,0:15:17.041

I don't know, terroristic ideologies
began to see the Americans

0:15:17.041,0:15:20.041
as the enemy began
to very specifically see Brant

0:15:20.375,0:15:23.125
as the face of the enemy.

0:15:23.125,0:15:25.791
And he made a cell phone video

0:15:25.791,0:15:28.916
declaring his intentions to stop that.

0:15:29.791,0:15:32.791
And on Saturday, November 3rd, 2018,

0:15:33.375,0:15:36.625
the Afghan commandos shot and killed
Brent on one of those hikes.

0:15:37.500,0:15:41.458
Very shocking to, I don't think,
just to me, to my kids, to our family,

0:15:42.000,0:15:46.208
to the entire city of Ogden, North Ogden
and the Ogden area.

0:15:46.500,0:15:50.375
Yeah, shocking to everybody
to his unit to his comrades.

0:15:50.458,0:15:52.500
It was oh my God, everybody.

0:15:52.500,0:15:53.416
It was a shock.

0:15:53.416,0:15:55.791
I remember,
I think the first words out of my mouth

0:15:55.791,0:15:58.833
when I was notified,
I really think the first thing I said was

0:15:59.500,0:16:00.625
they killed him on a hike

0:16:02.208,0:16:03.333
because he'd been.

0:16:03.333,0:16:05.041
This was his fourth combat deployment.

0:16:05.041,0:16:07.458
He's working with the Taliban,
with ISIS, with al-Qaida.

0:16:07.458,0:16:09.541
And they killed him on a hike. Yeah.

0:16:09.541,0:16:14.958
And, you know, there's there's
some peace of mind that I found in that.

0:16:14.958,0:16:19.083
I've since met with many other
military families who've lost someone

0:16:19.625,0:16:22.333
or interacted with people
who've maybe been the victim of.

0:16:22.333,0:16:23.208

I mean, it's homicide.

0:16:23.208,0:16:25.333
We don't usually call it
homicide in the military,

0:16:25.333,0:16:28.166
but for all intents and purposes,
he was shot and killed.

0:16:28.166,0:16:28.791
Yeah.

0:16:28.791,0:16:32.458
And some of the peace of mind
that the kids and I, Brent???

0:16:32.458,0:16:36.000
family we're able to have is
we know who killed him.

0:16:36.625,0:16:39.125
We know how and where he killed him.

0:16:39.125,0:16:41.583
We even know why he killed him.

0:16:41.583,0:16:46.625
And we were able to get his body back,
which I don't think I realized how

0:16:48.000,0:16:50.166
fortunate we were for all of those pieces

0:16:50.166,0:16:54.750
until as the years went by,
I've interacted with several military

0:16:54.750,0:16:57.750
family members who've maybe
lost their person to plane accident,

0:16:58.375,0:17:02.250
to some type of explosion, to something
where you're lucky if you get any remains.

0:17:02.666,0:17:06.083
We think of repatriated remains
that come back from World War 2,

0:17:06.125,0:17:09.125
80years later, and the family's been left
wondering the whole time.

0:17:09.541,0:17:11.458
One specific memory I have.

0:17:11.458,0:17:15.416
So Brent died in November, right around
Election Day and Veterans Day,

0:17:15.416,0:17:16.916
which is fitting.

0:17:16.916,0:17:20.666
He's the first sitting politician to be
killed in action since the Civil War.

0:17:21.541,0:17:24.375
The following May,
of course, would be Memorial Day.

0:17:24.375,0:17:27.000
And my two oldest
boys and I were invited to the white House

0:17:27.000,0:17:30.333
for a beautiful ceremony

for families of Fallen Service members

0:17:30.333,0:17:37.000
across generations and that there's a
bond there that no one wants.

0:17:37.666,0:17:41.041
But then there's also kind of that
small talk of, hey, tell me about your,

0:17:41.583,0:17:45.083
deceased person and why are you here
in the white House for Memorial Day?

0:17:45.083,0:17:47.500
Clearly,
that means you have a story to tell and

0:17:47.500,0:17:50.500
I met this gentleman who was probably
about 20 years older than I was.

0:17:51.291,0:17:54.166
And keep in mind, this is within months
of my husband's death.

0:17:54.166,0:17:56.125
I've got seven little children.

0:17:56.125,0:17:59.875
And there with two of my boys
who were ten and 12, grieving their father

0:17:59.875,0:18:03.500
and being paraded around the white House,
and everything's very overwhelming.

0:18:04.166,0:18:08.125
And this gentleman was asking me
about about my husband, my circumstances.

0:18:08.125,0:18:12.625
And I kind of told him the brief story
and, and he looked at me and he said,

0:18:13.500,0:18:16.916
I'll never forget
just how shocking his his comment was.

0:18:17.166,0:18:17.666
He said

0:18:18.875,0:18:21.875
but at least you got your soldier back.

0:18:22.291,0:18:24.208
And I just thought,
did you not hear a word I said?

0:18:24.208,0:18:26.833
I just said he died, I said,
I got these kids.

0:18:26.833,0:18:28.458
I said, we're grieving like, so hard.

0:18:28.458,0:18:30.166
I'm thinking that, yeah.

0:18:30.166,0:18:32.541
And then I realized what he meant.

0:18:32.541,0:18:38.083
He was the son of a Vietnam soldier
who is still reported

0:18:38.083,0:18:42.416
as missing in action, presumed deceased,

but they don't know.

0:18:43.000,0:18:46.375

Wow. And he was a young infant at the time
and had spent his entire

0:18:46.375,0:18:49.416

50 plus years of life wondering
if maybe today

0:18:49.416,0:18:52.833

my dad will walk through the door,
if maybe he's got another life.

0:18:52.833,0:18:53.416

Maybe.

0:18:53.416,0:18:58.833

Maybe so I say that, and I think
there's a lesson to learn there.

0:18:58.916,0:19:00.916

And our parents have told us
our whole life. Right.

0:19:00.916,0:19:03.708

You think you've got it hard?
Somebody for sure got it harder right.

0:19:03.708,0:19:06.708

That's a little cynical,
but it's also helpful.

0:19:07.000,0:19:10.291

I know that
when I get into my darkest times of grief,

0:19:10.291,0:19:12.750

and I'm not going to pretend
I don't have them.

0:19:12.750,0:19:15.750

Even still, Brent died
almost seven years ago.

0:19:15.833,0:19:18.833

I maybe am struggling with the grief more
now than initially.

0:19:18.833,0:19:23.333

Different phases of my kids
development stages of their life.

0:19:23.333,0:19:26.333

Realizing he's never coming back,

0:19:26.541,0:19:29.791

not just he's gone for a really long time,
but he's never coming back.

0:19:30.333,0:19:33.750

But when I get in those darkest moments,
I will tell you what's the most helpful

0:19:33.750,0:19:38.500

is to just realize I'm not the only one.

0:19:40.083,0:19:42.750

And the
price of freedom is incredibly high.

0:19:42.750,0:19:46.708

And we spent 20 years in Iraq
and Afghanistan, and we lost over 7000

0:19:46.708,0:19:50.333

men and women, but we lost more than that
in about 15 minutes on D-Day.

0:19:51.208,0:19:55.041
And so sometimes putting things
into perspective historically is very good

0:19:55.041,0:19:55.291
for me.

0:19:55.291,0:19:59.375
That's why I think history
is just so essential for us as a people,

0:19:59.875,0:20:02.958
the history of our families,
the history of our communities,

0:20:02.958,0:20:06.125
the history of our faith groups,
the history of our country.

0:20:06.583,0:20:09.000
I think sometimes
we find pieces of our history

0:20:09.000,0:20:10.708
we don't feel comfortable with,

0:20:10.708,0:20:14.000
and that could be personally
or politically, nationally or at home.

0:20:14.875,0:20:17.500
And sometimes when we're not comfortable
with a piece of that history,

0:20:17.500,0:20:21.541
we want to sweep it under the rug
or explain it or justify it,

0:20:22.125,0:20:25.291
when in reality we should just learn from
it, just learn from it.

0:20:25.291,0:20:26.583
So that's been helpful for me.

0:20:26.583,0:20:27.625
I'm a history teacher.

0:20:27.625,0:20:29.791
Back before
all those years of raising babies.

0:20:29.791,0:20:34.791
I love learning
and looking at the bigger picture.

0:20:35.458,0:20:38.375
And so you got to take a deep breath
and you got to take a step back,

0:20:38.375,0:20:42.791
because otherwise it's too easy to get
swallowed up in your own unfair life

0:20:43.000,0:20:45.958
because yours is unfair and mine's unfair
and Cindy in the room is unfair.

0:20:45.958,0:20:49.666
Everyone's life kind of sucks
if you look at it that way, or.

0:20:49.708,0:20:52.541
If that's what you choose to see. Correct.

0:20:52.541,0:20:56.250
So you you've been

you've you just been through a lot.

0:20:56.416,0:20:57.416
You've been through a lot.

0:20:59.291,0:21:02.291
You how do you come back from that?

0:21:02.791,0:21:04.083
Right.

0:21:04.083,0:21:07.333
What was the community there
to help you people 100%.

0:21:07.333,0:21:08.458
Yeah, I, I joke

0:21:08.458,0:21:12.083
I've been North Ogden service project
for the better half of a decade now.

0:21:12.750,0:21:14.125
I love it and I hate it.

0:21:14.125,0:21:17.000
I hated it at first. It's
so hard to take help.

0:21:17.000,0:21:20.375
It's so hard to need help and to admit
that I would rather take a casserole

0:21:20.375,0:21:23.375
to your wife than have five wives
drop one off on my porch.

0:21:23.666,0:21:24.541
Sure.

0:21:24.541,0:21:28.291
And just some of the dignity you feel
you've lost and some of the shame of

0:21:28.291,0:21:33.541
I can't take care of my own children
and the responsibility I feel to do so.

0:21:33.958,0:21:36.125
But I'll tell you, that perspective
definitely changed.

0:21:36.125,0:21:38.958
Definitely changed to where I.

0:21:38.958,0:21:42.500
I have the biggest support system
of anyone I know.

0:21:42.833,0:21:44.708
My oldest daughter is a circus star.

0:21:44.708,0:21:48.708
She climbs aerial silks like a monkey,
so she climbs up these big, long, twisty

0:21:48.708,0:21:49.541
pieces of fabric,

0:21:49.541,0:21:52.708
wraps herself up, and then just let go
and falls almost to the ground.

0:21:53.541,0:21:57.041
And I think about that often
because, Brent came with me

0:21:57.208,0:21:57.958

a couple of years before

0:21:57.958,0:22:02.291
he was killed to the junior high talent
show, and Megan was in the school gym.

0:22:02.291,0:22:03.416
Now, picture school gym.

0:22:03.416,0:22:06.750
They're big, they're tall,
they're massive rafters in the ceiling.

0:22:07.083,0:22:11.708
She's got this little itty bitty,
probably two inch foam pad underneath.

0:22:11.708,0:22:14.375
The silk. And she's climbing.

0:22:14.375,0:22:16.833
She climbs at the top it???s
Pirates of the Caribbean music.

0:22:16.833,0:22:20.791
All the junior high kids are going crazy
as she climbs and twists and everything.

0:22:21.166,0:22:24.708
And then she does this massive drop
where she mostly falls,

0:22:25.166,0:22:26.791
of course, on purpose, intentionally.

0:22:26.791,0:22:28.166
She knows how to fall.

0:22:28.166,0:22:30.666
And the whole audience gasped.

0:22:30.666,0:22:33.666
And I thought Brent was about to faint
on the sight.

0:22:33.750,0:22:34.708
And I realized

0:22:35.708,0:22:38.708
he hadn't been with her to those practices
every week.

0:22:38.750,0:22:42.125
I've been watching her since she practiced
climbing up the silk maybe six inches,

0:22:42.791,0:22:45.791
falling on purpose,
getting completely untangled

0:22:45.791,0:22:48.791
and retangled and mistangled
and knowing how to get out of that.

0:22:49.166,0:22:51.125
And so I think of that with life.

0:22:51.125,0:22:53.458
We we're all going to fall.

0:22:53.458,0:22:56.458
We're all going to fail a million times.

0:22:56.875,0:22:59.625
The question is, how do we

0:22:59.625,0:23:00.833
what's our support system?

0:23:00.833,0:23:02.083
What's our safety net? Right.

0:23:02.083,0:23:04.166
You go to Cirque du Soleil,
you're going to pay some big money

0:23:04.166,0:23:06.208
to see a circus show like that.
And you know why?

0:23:06.208,0:23:09.208
Because they have like multimillion dollar
safety nets under those people.

0:23:09.416,0:23:13.500
And I promise you the first lesson
those acrobats learn is how to fall.

0:23:13.958,0:23:16.416
I guarantee you, the coach doesn't say,
don't fall, don't trip, don't fail.

0:23:16.416,0:23:18.125
Whatever you do, don't look down.

0:23:18.125,0:23:19.708
They teach them how to fall.

0:23:19.708,0:23:22.166
They prepare them
that you're going to fall.

0:23:22.166,0:23:23.666
And then they let them know

0:23:24.750,0:23:26.791
it's safe to fall.

0:23:26.791,0:23:28.291
So if you ask, how have I bounced back?

0:23:28.291,0:23:29.541
I don't know that I bounce back at all.

0:23:29.541,0:23:32.541
Yet I feel like the entire world
just kind of carries me along.

0:23:32.583,0:23:35.583
And there's days
when I'm down and blue and dark and

0:23:35.916,0:23:39.708
people either give me the biggest hug
that I need, or little kick in the pants

0:23:39.750,0:23:41.625
and say, listen, Jenny, get up, get going.

0:23:41.625,0:23:42.791
And I think it takes both.

0:23:42.791,0:23:45.500
And sometimes maybe we misfire,

0:23:45.500,0:23:49.083
but, yeah, no, this community
has been remarkable to me and my kids.

0:23:49.083,0:23:52.666
I tell my kids all the time,
we will spend the rest of our lives

0:23:52.666,0:23:54.875
trying to pay it forward,
and we will never catch up.

0:23:54.875,0:23:57.791
Never catch up. Yeah. Do you?

0:23:57.791,0:24:00.875
So let's let's talk about the things
you're trying to do to catch up.

0:24:01.291,0:24:03.541
Not that there's no one's keeping score.

0:24:03.541,0:24:04.708
Just so you know.

0:24:04.708,0:24:06.666
No one's keeping
scores. I'm losing, I promise.

0:24:08.250,0:24:09.375
But but

0:24:09.375,0:24:12.375
that's also a really healthy
mindset around.

0:24:12.375,0:24:15.291
I have been given so much, especially with
everything you've been through.

0:24:15.291,0:24:18.125
It's amazing that that's your mindset.
It is. It's there.

0:24:18.125,0:24:20.583
But to return it with,
I have so much more to give.

0:24:20.583,0:24:22.041
Still, I'm eager.

0:24:22.041,0:24:25.125
I'm eager to give back.
I'm eager to help.

0:24:25.375,0:24:26.125
One of the ways

0:24:26.125,0:24:30.416
that we've found unexpected opportunities
to give back is through a foundation.

0:24:30.416,0:24:33.416
I started after Brent was killed,
called Major Brent Taylor Foundation.

0:24:33.416,0:24:37.625
Real Creative Name started as an effort
to raise scholarships in his memory

0:24:38.083,0:24:40.625
and has just grown to this beautiful civic

0:24:40.625,0:24:43.625
awareness,
patriotic, military supportive thing.

0:24:44.000,0:24:45.916
Anyone listening,
if you've seen a giant flag

0:24:45.916,0:24:49.000
that flies in North Ogden Canyon or across

0:24:50.375,0:24:52.625
Washington Blvd in Ogden City, that's us.

0:24:52.625,0:24:55.958
We take the flag to rodeos and football

games.

0:24:55.958,0:25:00.000

We take lots of smaller flags to funerals
and homecomings for military members.

0:25:00.416,0:25:02.083

We host a big 911 event.

0:25:02.083,0:25:05.208

It will be in Spanish Fork
this year, where we commemorate

0:25:05.458,0:25:08.458

all the heroism associated with September
11th.

0:25:08.750,0:25:12.125

Truly, the day that I would say
is defined our generation's America.

0:25:12.333,0:25:12.625

Right.

0:25:12.625,0:25:15.000

We might look forward and say it's
Covid has redefined it.

0:25:15.000,0:25:18.000

But up until that,
it really was that 9/11 moment,

0:25:18.208,0:25:21.208

we try to find other military families
like mine

0:25:21.416,0:25:25.666

that maybe weren't headline news forever,
maybe didn't have five casseroles

0:25:25.666,0:25:29.541

dropped off in a day
and could really use a better safety net

0:25:30.166,0:25:34.083

because what I have found
is most most Utahns love the military.

0:25:34.083,0:25:34.833

We don't all join it.

0:25:34.833,0:25:35.333

And that's okay.

0:25:35.333,0:25:38.416

It's not for everyone, but a lot of Utah,

0:25:38.416,0:25:41.458

a lot of Ogden people love the military
they want to support.

0:25:41.458,0:25:42.958

We've got Hill Air Force Base right here.

0:25:42.958,0:25:45.333

We've got great National Guardsmen
and reservists.

0:25:45.333,0:25:48.000

We've even got Navy
and Marines and Coast Guard around here.

0:25:48.958,0:25:49.833

And a lot of us don't know

0:25:49.833,0:25:52.833

how to support, how to help.

0:25:52.833,0:25:56.000

And so in our organization, one of the
I feel like one of the best things

0:25:56.000,0:25:59.000

we can do to give back
is just help connect those dots.

0:25:59.291,0:26:02.666

There was a survey put out by Blue Star
Families of America recently

0:26:02.666,0:26:06.916

that found something like 20 or 30%
of current military members,

0:26:06.916,0:26:09.916

and their families feel like
they're really supported by the community,

0:26:10.375,0:26:13.833

where it's like 80 or 90% of the community
feels like they're really supportive

0:26:13.833,0:26:15.000

of military families.

0:26:15.000,0:26:16.458

So that's a gap.

0:26:16.458,0:26:17.125

Yeah, it is.

0:26:17.125,0:26:20.125

And statistic
and I got all these numbers in my head.

0:26:20.125,0:26:24.541

Statistically speaking,
less than 1% of America serves in uniform.

0:26:24.541,0:26:24.875

Right now.

0:26:24.875,0:26:27.791

Less than 1%
of Americans are in the military.

0:26:27.791,0:26:30.291

And you can say, that's terrible,
that's awful.

0:26:30.291,0:26:31.375

That's too small a number.

0:26:31.375,0:26:33.916

But I like to say is, wow, thank you.

0:26:33.916,0:26:36.916

And you know what that means
for every one man or woman in uniform,

0:26:37.375,0:26:40.708

there's 99 of us that are freeloaders
getting all the benefits

0:26:40.708,0:26:43.708

of freedom and liberty
who should have their back.

0:26:43.916,0:26:47.708

So that's one of the things I'm really
passionate about, again, tied into that

0:26:48.541,0:26:51.000

historical awareness and civic activism.

0:26:51.000,0:26:53.583

And just get to know your neighbor.

0:26:53.583,0:26:55.500
If you see a military member
at the airport,

0:26:55.500,0:26:58.791
it might feel awkward,
but say thank you for your service anyway,

0:26:59.375,0:27:02.833
and then take it one step further and say,
where have you served?

0:27:02.833,0:27:03.875
Or why did you serve?

0:27:03.875,0:27:05.833
Or what have you learned in your service?

0:27:05.833,0:27:09.916
And I think that as we come together
between civilians and service members,

0:27:10.541,0:27:13.791
we'll find that we need each other,
which is an understatement.

0:27:14.375,0:27:18.833
But that's one of the things I'm really
passionate about is mobilizing people

0:27:18.833,0:27:22.666
to get to know people
from other walks of life, and then just

0:27:22.833,0:27:27.000
finding the way relationships can be built
when you serve together.

0:27:27.666,0:27:29.375
I tell people all the time,
if there's somebody

0:27:29.375,0:27:30.583
you don't get along with very well

0:27:30.583,0:27:33.708
or you're really struggling
in a relationship, maybe a difficult

0:27:33.708,0:27:36.958
coworker, a stubborn
child, go serve that person.

0:27:37.708,0:27:40.291
And if you're really struggling
with that person,

0:27:40.291,0:27:43.416
find a way to serve with that person.

0:27:44.000,0:27:45.625
That's powerful.
So we bring people together.

0:27:45.625,0:27:47.750
You know, our 911
events are a classic example.

0:27:47.750,0:27:49.916
We've held it twice
here, and Weber County.

0:27:49.916,0:27:52.833
It takes 400 to 500 volunteers.

0:27:52.833,0:27:55.375

We could just fundraise the money
and hire ten people to run it.

0:27:56.458,0:27:56.875
But we

0:27:56.875,0:28:00.333
want 400 to 500 community members,
young and old, black and white,

0:28:00.333,0:28:03.875
religious and not different backgrounds,
different demographics.

0:28:03.875,0:28:06.125
Maybe they speak different languages,

0:28:06.125,0:28:09.208
coming together to celebrate
the resilience of this country,

0:28:09.208,0:28:12.208
the resilience of freedom,
which does not only belong to America.

0:28:12.958,0:28:15.625
And, it's in those service

0:28:15.625,0:28:18.625
opportunities that I,
I just the biggest smile on my face.

0:28:18.666,0:28:22.208
That's the that's the what it says
on the trailer for the Foundation.

0:28:22.208,0:28:24.166
It says it's
all about service, about service.

0:28:24.166,0:28:27.166
And that's
what the Ogden Way is all about.

0:28:27.333,0:28:30.541
That's what we in our city
and our employees is all about everywhere

0:28:30.750,0:28:31.708
right now.

0:28:31.708,0:28:36.375
Because service is transformational,
it does change things, changes people.

0:28:36.375,0:28:37.916
It changes the world around us.

0:28:37.916,0:28:40.500
It's it's everything that's right.

0:28:40.500,0:28:44.458
And you'll see that at any service project
you show up to in the Ogden area,

0:28:44.458,0:28:47.541
you'll just see so many people that that's
what I've been so impressed with

0:28:47.541,0:28:51.000
working with the Ogden, we were Chamber
of Commerce, the Women and Business

0:28:51.000,0:28:54.750
Committee, volunteering at local schools,
PTA, whatever it might be.

0:28:55.166,0:28:58.166

You will show up and just realize

0:28:58.291,0:29:01.625
people show up, people show up, people
show up here, we show up and we show out.

0:29:01.625,0:29:03.750
That's what we do, right?

0:29:03.750,0:29:07.291
We've got, all manner of things
happening in this city, this community,

0:29:07.291,0:29:10.875
the broader Ogden community,
the greater Ogden community all the time.

0:29:11.583,0:29:14.791
And I just went to Washington, D.C.,
to represent

0:29:15.000,0:29:18.416
Ogden and the Ogden Clearfield
Metro statistical area around.

0:29:18.958,0:29:21.666
We were highlighted as the number two
ranking economy in the country.

0:29:21.666,0:29:24.583
Which is incredible, by the way.
I hope everyone celebrates it.

0:29:24.583,0:29:25.416
It was awesome.

0:29:25.416,0:29:29.791
And and it was but it's a it's
a huge reflection, actually,

0:29:30.291,0:29:34.708
of service and of our community's
role and responsibility around Hill

0:29:34.750,0:29:35.333
Air Force Base.

0:29:35.333,0:29:38.208
It is that's an enormous
piece of who we are and what we do.

0:29:38.208,0:29:41.708
And I've made a real intentional effort
to get more connected with the base.

0:29:42.458,0:29:46.625
And they talk about it
all the time is how warm and how

0:29:46.625,0:29:49.625
strong the relationship is and the support
from the community that they feel.

0:29:50.000,0:29:53.083
And it's been you talked
about how they don't know how to do it.

0:29:53.833,0:29:57.208
I didn't either
until when I learned more about it.

0:29:57.208,0:30:01.791
They say our mission doesn't happen
only on this base, right?

0:30:01.875,0:30:05.250
There's an entire ecosystem of private

0:30:05.583,0:30:08.583
contractors and providers

0:30:08.708,0:30:12.750
that are also contributing
to what is being fulfilled on that base.

0:30:13.375,0:30:16.541
And when you talk about an ecosystem of
of economy,

0:30:17.250,0:30:21.208
you have an ecosystem of people around
and other related services.

0:30:21.625,0:30:25.833
And it's amazing as you start to look into
how much it builds out on itself

0:30:26.166,0:30:30.750
and it all comes back to the service
and support of our service members,

0:30:31.291,0:30:36.125
right in our mission for our nation
and that and that collaboration

0:30:36.125,0:30:41.083
and that spirit of wanting to say thank
you for your service and getting to work.

0:30:41.666,0:30:45.291
And we've we've had great opportunities
to feed the airmen at the airshow.

0:30:45.291,0:30:47.625
So think of the giant airshow
that happens every other year here.

0:30:47.625,0:30:49.166
It's remarkable.

0:30:49.166,0:30:53.541
And the airmen whose job it is to just
keep things safe and running that day.

0:30:53.541,0:30:58.416
We had a chance this last summer
to make like 2500 sandwiches or something,

0:30:58.625,0:30:59.791
and it was so fun

0:30:59.791,0:31:01.500
and you saw so many people
coming together,

0:31:01.500,0:31:03.708
just excited that I can feed a soldier
today.

0:31:03.708,0:31:06.625
Like you're feeding him
a sandwich airman, by the way,

0:31:06.625,0:31:09.291
but you're feeding him a sandwich,
but you're doing something.

0:31:09.291,0:31:12.875
And I think that's what I love
about the Ogden way here again, whatever

0:31:12.875,0:31:15.875
setting you're in, you will find people

0:31:15.916,0:31:18.916
who aren't just willing to give

and give back.

0:31:19.291,0:31:20.416
They're eager.

0:31:20.416,0:31:21.250
Oh, yeah, giving it back.

0:31:21.250,0:31:22.416
I mean, they're volunteering.

0:31:22.416,0:31:24.833
They're throwing their hands up so fast

0:31:24.833,0:31:28.458
that you're almost having to make up ways
for people to help.

0:31:28.458,0:31:29.833
But there's always more we can do.

0:31:29.833,0:31:33.208
So that's that's what I love
about living here and calling this place

0:31:33.208,0:31:36.791
home is running into a lot
of the same people wherever you go.

0:31:36.791,0:31:39.125
Just knowing that I knew you'd be here.

0:31:39.125,0:31:41.625
I knew you'd be here.
Of course I knew you'd be here.

0:31:41.625,0:31:44.625
I love that that's what my wife and I fell

0:31:44.625,0:31:48.416
in love with Ogden
because we got to contribute to Ogden.

0:31:48.416,0:31:51.000
We got to participate in building Ogden.

0:31:51.000,0:31:53.666
We got to get our hands dirty,
and we were exhausted.

0:31:53.666,0:31:54.958
And we still are exhausted.

0:31:54.958,0:31:58.125
And you feel like
you've got a piece of it? Yes.

0:31:58.125,0:31:59.458
Yours. You're helping.

0:31:59.458,0:32:01.916
I love that
the concept of your highest contribution,

0:32:01.916,0:32:03.875
Greg McEwen
an author says that all the time.

0:32:03.875,0:32:06.083
What's your highest contribution?

0:32:06.083,0:32:09.333
And that eagerness to contribute,
not just take,

0:32:10.083,0:32:13.250
but to be part of, not just take,
but just give to contribute.

0:32:13.250,0:32:14.875
What did President Kennedy say, right.

0:32:14.875,0:32:15.416
Not yeah, ask

0:32:15.416,0:32:18.458
not what your country can do for you,
but what you can do for your country.

0:32:18.791,0:32:21.875
And I think Ogden is full of organizations

0:32:21.875,0:32:26.125
and entities
and governments and businesses that allow

0:32:27.125,0:32:28.750
us to contribute

0:32:28.750,0:32:32.500
because there's an a mindset
and a spirit of abundance here in Utah.

0:32:33.291,0:32:36.375
And honestly,
that's where we get the Ogden Way from.

0:32:36.750,0:32:40.416
It was really rooted in what I learned
through my professional career.

0:32:40.416,0:32:44.375
And and when I moved here
it was around the Utah way, right?

0:32:44.375,0:32:47.458
It's a it is a mindset of abundance
that I never felt before.

0:32:47.875,0:32:52.041
And when you feel for the first time
and you you, it hits you in the face.

0:32:52.375,0:32:55.375
Right?
And it's really strong and powerful.

0:32:55.375,0:32:57.458
It's it's what makes us who we are.

0:32:57.458,0:32:58.916
It's generous people.

0:32:58.916,0:33:03.083
And when we were just at the legislature
this morning honoring officers lost

0:33:03.333,0:33:07.583
and, a really,
a crappy club to be part of, right.

0:33:07.916,0:33:09.500
That's the words of Representative Wilcox.

0:33:09.500,0:33:11.916
It's a crappy club to be a part of.
But we are together.

0:33:11.916,0:33:13.333
Yeah, and.

0:33:13.333,0:33:18.000
But you, the speaker of the House, says
Utah is the greatest state in the nation.

0:33:18.000,0:33:23.041

And I 100% believe it, because we are the greatest people in the nation.

0:33:23.750,0:33:26.291

And it's really special to be a part of Utah.

0:33:26.291,0:33:29.041

And I feel really blessed to be a part of Ogden,

0:33:29.041,0:33:32.041

because I get to be a part of something that really matters, you know?

0:33:32.333,0:33:35.375

And so when we talk about the Ogden Way, we like to talk about

0:33:36.583,0:33:38.041

doing the work to

0:33:38.041,0:33:41.041

be who we are, to build a better place

0:33:41.375,0:33:45.958

and, you don't build a better place by only focusing selfishly on yourself.

0:33:46.541,0:33:50.583

You build a better place by taking accountability for your own circumstances,

0:33:51.208,0:33:53.791

becoming better every day and who you are

0:33:53.791,0:33:56.791

while also making those around you better.

0:33:56.791,0:33:57.125

Right?

0:33:57.125,0:34:00.458

And also taking get your hands and get, get in and get get working.

0:34:00.458,0:34:03.166

Yes you give and then they give back.

0:34:03.166,0:34:04.375

You give and you get.

0:34:04.375,0:34:08.916

That's what makes us a really strong community is we are Ogden.

0:34:08.916,0:34:10.791

We are one Ogden. We are the Ogden way.

0:34:10.791,0:34:13.625

And it's sometimes it's really frustrating.

0:34:13.625,0:34:18.041

I remember we were in a mayoral debate and one of the candidates, John

0:34:18.083,0:34:21.541

Greiner, said, Ogden Mayor is a cheerleader.

0:34:21.541,0:34:24.541

And some people were really critical of him for saying that.

0:34:24.875,0:34:27.875

I'm like, that's not, that's 100% true.

0:34:27.916,0:34:30.750

We have to maintain
the spirit of our city.

0:34:30.750,0:34:34.708

And if the spirit of our city is focused
on negativity, focused on everything,

0:34:34.708,0:34:38.708

that's that's wrong, everything
that is being done to me and not for me,

0:34:39.333,0:34:42.000

then yeah, we're going to we're going
to suffer and we're going to struggle.

0:34:42.000,0:34:47.083

But if we change our mindset to focus on
the gifts that are in front of us, right

0:34:47.833,0:34:52.708

the way you did in the midst
of all of that suffering and that tragedy,

0:34:53.250,0:34:55.708

to have the grace and the grit,

0:34:55.708,0:35:00.708

to see the beauty around you
instead of the suffering, like,

0:35:00.750,0:35:04.208

I don't know how you did it,
but I'm so grateful that you did,

0:35:04.208,0:35:07.625

because you're the you're such
an example of the Ogden way, because

0:35:08.041,0:35:09.208

people are suffering.

0:35:10.166,0:35:10.666

People in our

0:35:10.666,0:35:14.500

nation and our city are suffering,
but they don't always have to.

0:35:14.833,0:35:17.083

I understand that there's circumstances

0:35:17.083,0:35:20.083

that we can't control,
but we can control our mindset.

0:35:20.375,0:35:21.375

Yeah, right.

0:35:21.375,0:35:25.125

I love it, I love it, and we can control
what we try to contribute.

0:35:25.416,0:35:27.333

Right.
And that's

0:35:27.333,0:35:30.125

just I love that you said mindset,
because we often

0:35:30.125,0:35:33.541

think of resilience as a muscle and says,
how do you build a muscle?

0:35:33.541,0:35:35.875

You only build a muscle
by using the muscle,

0:35:35.875,0:35:39.083

but you can only have a resilient mindset
if you choose it.

0:35:39.666,0:35:42.666

So it's a muscle you have to use,
but it's a mindset you have to choose.

0:35:43.125,0:35:45.291

And I think we choose that here.

0:35:45.291,0:35:49.208

And I think we are inspired
by people around us who do.

0:35:49.208,0:35:53.041

And and I will tell you, there were days,
especially early on, early

0:35:53.041,0:35:56.333

on thinking like physically,
how did I get out of bed in the morning?

0:35:57.166,0:36:01.666

And I would think of people, kind people
who would send notes

0:36:01.666,0:36:04.833

or brought a dinner or watched my kids,
or helped with something.

0:36:05.625,0:36:09.333

And I would just think,
these people think I can do this.

0:36:10.750,0:36:11.916

These people believe in

0:36:11.916,0:36:14.916

me when I'm not sure I can believe in
anything, let alone myself.

0:36:14.916,0:36:16.708

These people believe in me.

0:36:16.708,0:36:19.708

Yeah, I guess I'm going to get out of bed
and give it a try.

0:36:20.250,0:36:23.416

And and I think that's
maybe another piece of advice

0:36:23.416,0:36:26.791

for people listening when you're down
and can't believe in yourself.

0:36:26.791,0:36:29.166

Just find someone who does.

0:36:29.166,0:36:32.916

And if you're the person that can believe
in someone else,

0:36:33.541,0:36:36.666

look at the power you have to unlock
someone else's confidence, right?

0:36:36.791,0:36:40.166

You can't give someone confidence,
but you can believe in them, and you can

0:36:40.166,0:36:44.708

express your confidence in them,
and you can carry them when they're down.

0:36:44.708,0:36:48.666

And you never know
when your kind words of encouragement

0:36:49.208,0:36:51.583
will be what gets that person
out of bed in the morning?

0:36:51.583,0:36:54.625
Just something simple like, hey,
you got this, I see you.

0:36:55.000,0:36:58.250
It's so simple, so powerful.

0:36:58.500,0:37:01.333
Because if you think I can do this,

0:37:01.333,0:37:03.250
I guess I'm
going to have to take your word for it,

0:37:03.250,0:37:06.250
because I'm not sure today,
but I am going to go ahead and try.

0:37:06.500,0:37:08.291
But hey, when you try,

0:37:09.291,0:37:10.083
you might fail.

0:37:10.083,0:37:13.833
Yeah, but if you try again, you just
might succeed and you probably will fail.

0:37:13.833,0:37:15.708
Let's just be honest, right?
You're going to try. You're going to fail.

0:37:15.708,0:37:17.750
You're going to try.
You're going to succeed.

0:37:17.750,0:37:20.750
And,
I think that's what's beautiful about it.

0:37:20.958,0:37:23.875
Surround yourself
with people who will be there

0:37:23.875,0:37:26.916
for the failures and the successes.

0:37:26.916,0:37:29.833
So I get crit, you might be surprised.

0:37:29.833,0:37:30.500
You get criticized.

0:37:30.500,0:37:30.916
I get criticized.

0:37:30.916,0:37:33.791
In public office, I never knew.

0:37:33.791,0:37:35.500
No wonder
most of us don't even want your job.

0:37:35.500,0:37:37.083
But okay carry on. I thought for sure.

0:37:37.083,0:37:39.625
I was just enjoying
100% support out there.

0:37:39.625,0:37:41.666

100% of the time also.

0:37:41.666,0:37:42.125
Right?

0:37:42.125,0:37:45.125
Turns out it's like 99% okay. Oh,

0:37:45.583,0:37:47.375
but I talk like

0:37:47.375,0:37:50.875
this and people are critical of me
because they're saying that you're

0:37:50.875,0:37:55.625
a politician you are ignoring
the realities of people's plight.

0:37:55.625,0:37:56.583
And no, I'm not.

0:37:56.583,0:37:59.291
I see them every day.
This job actually exposes you.

0:37:59.291,0:37:59.833
You see it.

0:37:59.833,0:38:03.083
To things that are hard to see. Yes,
sure.

0:38:03.166,0:38:06.833
The I guess the assumption is that,
oh, you're up on the top ivory tower

0:38:06.833,0:38:08.583
or whatever. Life is so great.

0:38:08.583,0:38:12.375
If you do the job and do it right, you see
things that other people don't see.

0:38:12.708,0:38:17.416
If you go and spend one day on a fire
truck or in an ambulance here,

0:38:17.666,0:38:20.916
you're going to see people's lives
in ways that you don't see otherwise.

0:38:21.416,0:38:23.500
And I have those opportunities here.

0:38:23.500,0:38:25.375
And you take those opportunities
which, again,

0:38:25.375,0:38:27.375
I commend you for your leadership,
because it'd be easy for you

0:38:27.375,0:38:29.541
to just sit in your office in the tower.

0:38:29.541,0:38:30.625
You could just sit back.

0:38:30.625,0:38:32.666
It wouldn't be very helpful.

0:38:32.666,0:38:34.083
Engaging leadership.

0:38:34.083,0:38:36.708
Service oriented leadership
gives you that opportunity.

0:38:36.708,0:38:37.875

You have to see.

0:38:37.875,0:38:41.583

But at the same time, when you see the challenges and you see the struggle,

0:38:43.083,0:38:43.750

we have to

0:38:43.750,0:38:46.875

be able to also see a way through, the way through.

0:38:46.916,0:38:48.750

We have to see our way through.

0:38:48.750,0:38:54.416

And if you don't see opportunities, you don't see or feel hope, right?

0:38:54.416,0:38:57.000

Whether you see it in yourself or for yourself,

0:38:57.000,0:38:59.500

maybe you're getting it from others around you.

0:38:59.500,0:39:02.500

But if we don't have a winning mindset.

0:39:02.541,0:39:03.375

We've already lost.

0:39:03.375,0:39:05.958

Then you've already lost and you're always going to lose,

0:39:05.958,0:39:09.208

and you're never going to get through the challenges and the suffering, right? Yes.

0:39:09.208,0:39:11.083

And I think that's why I love history so much.

0:39:11.083,0:39:14.625

Again, whether it's my own history or the world's history or whatever.

0:39:14.625,0:39:18.125

History, because, you know what's remarkable about the history

0:39:18.125,0:39:20.291

of the human race?

0:39:20.291,0:39:22.416

We keep getting up again, right?

0:39:22.416,0:39:25.416

Like our race has been through some pretty awful times.

0:39:25.416,0:39:26.833

Like you want to go to the Middle Ages,

0:39:26.833,0:39:29.875

do you want to go to the Crusades or you pick a time period of revolution?

0:39:29.875,0:39:30.416

Any of them?

0:39:32.000,0:39:33.083

And here we are.

0:39:33.083,0:39:36.666
I remember a few years ago
when, Notre Dame burned down.

0:39:36.750,0:39:39.750
Remember in Paris and the fire,
I mean, didn't burn down, but burned.

0:39:40.125,0:39:43.458
And I remember thinking, what a tragedy
like this is a piece of history.

0:39:43.708,0:39:46.291
Guess what? They rebuilt it.
They rebuilt it.

0:39:46.291,0:39:47.208
They just reopened.

0:39:47.208,0:39:49.916
They rebuilt it
the same way for each of us.

0:39:49.916,0:39:53.916
So for me and I think this is
maybe what similar experience you've had,

0:39:54.625,0:39:59.250
the more of the difficult side of humanity
I see, though, it is gut wrenching

0:40:00.458,0:40:02.458
and heavy.

0:40:02.458,0:40:05.458
It's also incredibly inspiring to me

0:40:05.500,0:40:08.500
because oh my goodness,
look what we can handle.

0:40:08.958,0:40:11.791
I had a student,
I teach one class up at Utah State

0:40:11.791,0:40:14.791
that's on positive
psychology and mindset and things and,

0:40:15.416,0:40:17.875
and one of the students in an assignment
I gave her, she kind of

0:40:17.875,0:40:21.208
took her own twist, and she said
she made a list of everything difficult,

0:40:21.791,0:40:24.500
basically all the ripoffs of life,
everything unfair,

0:40:24.500,0:40:27.750
everything that just didn't go
the way she wanted it to.

0:40:28.041,0:40:29.250
Some things she could complain about.

0:40:29.250,0:40:30.833
She's 20, you know, whatever.

0:40:30.833,0:40:32.833
Here's this, this list.

0:40:32.833,0:40:34.000
And then you know what she did?

0:40:35.416,0:40:37.458
She kept
the same was left hand of the paper.

0:40:37.458,0:40:39.958
She's got all this garbage.

0:40:39.958,0:40:42.958
And she forced herself
to find something good

0:40:43.041,0:40:48.500
or a lesson learned and write it
next to every single thing.

0:40:49.750,0:40:54.750
And I think when we don't just look
for lessons in life, but let ourselves

0:40:54.750,0:40:58.833
create them, we can create meaning
when there is no good.

0:40:58.833,0:41:00.125
I mean, I hate when people say

0:41:00.125,0:41:03.666
everything happens for a reason
I think it???s a stupid idea.

0:41:04.708,0:41:08.291
We can find a reason out of everything
that happens, we might need to create it.

0:41:08.291,0:41:11.291
We might have to get really creative
to see the silver lining.

0:41:11.833,0:41:15.125
But when I see human suffering
and when I look at it, whether it's today

0:41:15.125,0:41:18.958
or over centuries, to me
it is the most inspiring

0:41:19.500,0:41:22.208
and motivating thing I.

0:41:22.208,0:41:26.041
I look at my own experience losing
my husband, and I have to remind myself

0:41:26.041,0:41:28.625
that sometimes when I get worked up
over the little things,

0:41:28.625,0:41:31.625
I've lived through my worst case scenario.

0:41:31.625,0:41:34.166
I remember as a young person thinking,
I think the worst case scenario

0:41:34.166,0:41:37.166
would be to lose a spouse
and then because if you like,

0:41:37.166,0:41:39.000
if something else happened,
you at least have that spouse

0:41:39.000,0:41:41.291
to be with you and that could be lost
to death or divorce. Right?

0:41:41.291,0:41:44.166
I remember just as a young person

thinking, that would just be awful.

0:41:45.166,0:41:47.833

Well,
I face that awful and I'm still here.

0:41:47.833,0:41:50.916

And you're still here
and I guess that means

0:41:50.916,0:41:53.916

whatever else I have to face,

0:41:55.125,0:41:56.375

somehow I'll still be here.

0:41:56.375,0:41:58.041

It's going to be okay.
It's going to be okay.

0:41:58.041,0:42:00.958

I spoke the other day
and I give two promises.

0:42:00.958,0:42:03.541

Something's going to go wrong,

0:42:03.541,0:42:06.000

and everything's going to be okay.

0:42:06.000,0:42:07.541

Those two truth.

0:42:07.541,0:42:08.916

Something's going to go wrong.

0:42:08.916,0:42:10.708

Brace yourself.

0:42:10.708,0:42:12.125

Everything's going to be okay.

0:42:12.125,0:42:13.541

A lot of things are going to go wrong.

0:42:13.541,0:42:16.125

Everything's going to be okay.
Everything's going to be okay.

0:42:16.125,0:42:19.125

It doesn't just apply to these tragedies
like you've been through.

0:42:19.625,0:42:23.458

This is like the this is the worst case
scenario that you've been through.

0:42:24.125,0:42:27.541

But if you
if you think of how significant that is

0:42:27.541,0:42:30.541

and still yet still everything's okay.

0:42:30.875,0:42:34.166

I was with,
I was with my one of my chiefs.

0:42:34.666,0:42:35.791

We were at the Capitol.

0:42:35.791,0:42:38.375

There was a bill. There's language
that didn't work.

0:42:38.375,0:42:42.958

You know, and I said,
chief, one thing I know for sure.

0:42:43.958,0:42:44.625
We're going to be okay.

0:42:44.625,0:42:46.750
I'm going to be okay.
We'll find a way, I will.

0:42:46.750,0:42:48.208
We are here today.

0:42:48.208,0:42:50.250
We are always here to serve.

0:42:50.250,0:42:52.291
No matter what has happened
every single year

0:42:52.291,0:42:55.625
and what has been decided
whether we agree or not, we are okay.

0:42:55.875,0:42:57.416
Like it or not, we're going to be okay.

0:42:57.416,0:42:59.291
Yes, and that's the Ogden Way, right?

0:42:59.291,0:43:00.875
That is, it has to be.

0:43:00.875,0:43:03.000
And carry each other through the mud
if we have to.

0:43:03.000,0:43:05.500
But we're going to be okay.
We have to be okay.

0:43:05.500,0:43:08.125
Not just okay, we're going to be great.
We're going to thrive.

0:43:08.125,0:43:10.875
But it starts with the mindset.
It always starts with the mindset.

0:43:10.875,0:43:13.291
And if our mindset is,

0:43:13.291,0:43:15.125
you know, what was me? What was me?

0:43:15.125,0:43:18.125
The mayor didn't do this for me
or the city didn't do that for me or

0:43:18.541,0:43:21.541
the community doesn't help me or whatever.

0:43:21.541,0:43:24.291
First, own your own life,

0:43:24.291,0:43:27.541
your own circumstances,
but change your mindset.

0:43:27.958,0:43:30.958
It doesn't mean that you ignore
the challenges of the suffering.

0:43:31.083,0:43:33.125
No, it just means that.

0:43:33.125,0:43:35.458
See things for what they are.
They're right.

0:43:35.458,0:43:37.791
There's
just another way to see everything.

0:43:37.791,0:43:38.500
Everything.

0:43:38.500,0:43:41.791
And I was,
I was asked in an interview one time.

0:43:42.083,0:43:45.708
The question was, tell us about
one of your biggest failures in life

0:43:46.166,0:43:46.916
and how you responded.

0:43:48.125,0:43:50.541
And I was like, oh man, you know,

0:43:50.541,0:43:54.333
and I actually my answer
was something like I'm struggling

0:43:54.333,0:43:58.375
to remind, remember my failures
not because I haven't had them.

0:43:58.500,0:44:00.625
Yeah.
But because I haven't dwelled on them.

0:44:00.625,0:44:02.458
Because you've turned them
into a stepping stone.

0:44:02.458,0:44:04.208
I just move on.

0:44:04.208,0:44:08.375
And so I was like I'm sorry, I'm,
I am a walking failure, no doubt about it.

0:44:08.375,0:44:09.625
Yeah.

0:44:09.625,0:44:11.291
But I just don't view them like that.

0:44:11.291,0:44:14.291
And so that was kind of my answer.

0:44:14.500,0:44:17.875
But I, I feel like as a city

0:44:19.000,0:44:22.000
we really need to focus on being great.

0:44:22.583,0:44:25.583
And we've got to recognize the struggle,
recognize the challenge

0:44:25.916,0:44:29.125
and then help each other, help each other

0:44:29.125,0:44:32.458
get out of it,
starting with seeing a way out of it.

0:44:33.125,0:44:35.958
Right. Having hope that-- There is a way.

0:44:35.958,0:44:36.750
There is a way.

0:44:36.750,0:44:39.458
We are surrounded by success

as well, right?

0:44:39.458,0:44:42.625
We are surrounded
by beautiful contributions of service

0:44:42.958,0:44:45.083
and gifts of grace.

0:44:45.083,0:44:46.625
And the resources are there.

0:44:46.625,0:44:50.458
Yeah, the programs are there,
the people are there, the resources

0:44:50.458,0:44:52.166
and opportunities are there.

0:44:52.166,0:44:53.708
We just have to have an environment

0:44:53.708,0:44:57.333
and a mindset of positivity
to see those things before us.

0:44:57.916,0:44:59.666
Not to forget, not to ignore. Right?

0:44:59.666,0:45:00.791
And not to be Pollyanna.

0:45:00.791,0:45:04.583
To pretend it's not right
because it's hard every day.

0:45:04.583,0:45:07.375
Life is like this planet. Life on
this planet is hard.

0:45:07.375,0:45:10.375
I've yet to meet a person
who doesn't think it's hard here, right?

0:45:10.375,0:45:12.875
Real difficult existence yet.

0:45:13.916,0:45:14.916
My my cute daughter.

0:45:14.916,0:45:17.416
The same one that climbs
all the circus ropes. She.

0:45:17.416,0:45:19.458
One day she's had kind of this
ah ha moment.

0:45:19.458,0:45:21.375
She said, mom,

0:45:21.375,0:45:23.791
I've come to the conclusion

0:45:23.791,0:45:26.791
the universe is on my side.

0:45:26.875,0:45:28.000
Like, okay, tell me more.

0:45:28.000,0:45:29.125
What do you mean?

0:45:29.125,0:45:31.166
And she said, the universe is on my side.

0:45:31.166,0:45:32.875
Like if something doesn't go

the way I want it to,

0:45:32.875,0:45:35.875
or if I'm disappointed
or frustrated with something,

0:45:35.916,0:45:39.125
I just have to remind myself
that the universe is on my side

0:45:39.125,0:45:40.666
and everything's going to work out.

0:45:40.666,0:45:41.041
That's right.

0:45:41.041,0:45:44.583
This teenage girl teaching all of us that.

0:45:45.041,0:45:48.541
Now, whether you call the universe
God or karma or destiny or fate

0:45:48.541,0:45:52.791
or whatever word you want to apply to it,
I think we would all benefit

0:45:52.791,0:45:55.791
from believing
that the universe is on our side,

0:45:56.541,0:46:00.000
and then get to work with the universe,
and when you see injustice,

0:46:00.000,0:46:01.333
do what you can to try to right it.

0:46:01.333,0:46:04.333
And when you're in the time of abundance,
help those who are struggling.

0:46:04.333,0:46:08.375
And when you are struggling, lean on those
who are in a time of abundance.

0:46:08.375,0:46:11.375
Don't be too prideful
to right accept that help.

0:46:11.375,0:46:14.250
And like I said, that
was one of the hardest lessons I learned.

0:46:14.250,0:46:17.375
Just being a very stubborn, Type-A,
redhead person.

0:46:17.625,0:46:20.500
Brent was gone.

0:46:20.500,0:46:22.291
Our house flooded,
we had some water damage,

0:46:22.291,0:46:25.750
and some neighbors were coming to help
get the furniture off the carpet.

0:46:26.250,0:46:28.458
I had seven little kids.
He'd just barely been gone.

0:46:28.458,0:46:30.791
My baby was two months old.
My oldest was only 12.

0:46:30.791,0:46:32.083

And I remember

0:46:32.083,0:46:35.250
as these neighbors came over
to get this furniture off the wet carpet,

0:46:35.791,0:46:39.541
I can picture myself crawling on my hands
and knees with just hot tears streaming

0:46:39.541,0:46:43.208
down my face, trying to pick up the Legos
or the Cheerios or whatever

0:46:43.208,0:46:46.750
other embarrassing garbage was under
my couch, and I just wanted them to leave.

0:46:46.750,0:46:47.791
I just wanted them to leave.

0:46:47.791,0:46:51.291
Like, I'll get the couch
and I can't move the couch alone.

0:46:51.625,0:46:54.416
No matter how stubborn
I am, no matter how hard I try,

0:46:54.416,0:46:57.333
I could not physically move
that couch alone.

0:46:57.333,0:47:01.916
I had to have help and nobody cared
if there were Cheerios under the couch.

0:47:01.958,0:47:02.916
Nobody cared.

0:47:02.916,0:47:07.458
And I but I still picture
that moment of me feeling so ashamed

0:47:07.458,0:47:12.708
to need help and so broken
that I had to admit I can't do this.

0:47:13.500,0:47:14.041
And yet,

0:47:15.041,0:47:17.541
what a liberating realization it's become.

0:47:17.541,0:47:19.000
There's I can't do this.

0:47:19.000,0:47:21.291
There's a big difference
between giving up and giving in.

0:47:21.291,0:47:24.416
And if you give in, you'll find tender
mercy.

0:47:24.666,0:47:26.208
Yeah, right. Right.

0:47:26.208,0:47:27.875
Mercy leads the way to grace.

0:47:27.875,0:47:30.291
If you give up, you've defeated yourself.
Absolutely.

0:47:30.291,0:47:31.791
You go from grace to forgiveness.

0:47:31.791,0:47:34.791

Forgiveness
to healing, healing to greatness.

0:47:34.833,0:47:36.125

You have to.

0:47:36.125,0:47:39.625

You have to have love for yourself
to do those things

0:47:40.083,0:47:42.291

and just accept it and allow for it.

0:47:42.291,0:47:46.125

And just admit to yourself before you
admit to other people, I can't do this.

0:47:46.541,0:47:49.375

I can't do everything. Okay, great. Great.

0:47:49.375,0:47:52.291

Right, then I guess let's figure out a way
forward together. So.

0:47:52.291,0:47:54.875

So here in the Ogden Way

0:47:54.875,0:47:56.333

that is the lesson for the day.

0:47:56.333,0:48:00.666

It is to,
we have got to live and lead and love

0:48:01.375,0:48:05.000

in the Ogden Way, following the principles
that we've discussed today.

0:48:05.208,0:48:09.375

Absolutely, in a way that is
is selfless in our service to others.

0:48:09.750,0:48:14.541

Sometimes it's selfish in the way
that we have to own who we are, right?

0:48:14.666,0:48:15.791

Right.

0:48:15.791,0:48:19.375

But we've got to be better
for each other, for ourselves.

0:48:19.833,0:48:22.291

And if we can't see through
the things that are before

0:48:22.291,0:48:25.291

us, we're never going to get to the future
that we know we all have.

0:48:25.291,0:48:26.083

Right?

0:48:26.083,0:48:29.041

And that's the kind of community
I love to be a part of.

0:48:29.041,0:48:31.000

That's the kind of community that we are.

0:48:31.000,0:48:32.875

Right? The Ogden way exact.

0:48:32.875,0:48:34.125

The universe is on our side.

0:48:34.125,0:48:37.041
We are Ogden, we are one Ogden.

0:48:37.041,0:48:38.291
We are the Ogden way.

0:48:38.291,0:48:41.791
So for every episode when we wrap up,
we always wrap up the call to service.

0:48:41.791,0:48:44.791
We encourage or challenge
anybody that's listening or viewing,

0:48:45.041,0:48:48.708
even if there's only one person out there,
challenge them to do something,

0:48:49.208,0:48:52.208
and I want to challenge them
to see the good,

0:48:52.625,0:48:55.166
to see that the universe is on your side.

0:48:55.166,0:48:55.708
Yeah.

0:48:55.708,0:48:59.250
The next time you feel like
things are stacked against you,

0:48:59.666,0:49:02.583
and maybe they are,
and maybe then they probably are, right.

0:49:02.583,0:49:04.625
Yeah, that's very fair. But.

0:49:04.625,0:49:06.791
But the universe is not.

0:49:06.791,0:49:09.750
And the people around you are not are not.

0:49:09.750,0:49:13.166
If they are, surround yourself
with different people, right?

0:49:13.250,0:49:14.125
Absolutely.

0:49:14.125,0:49:16.375
So that's the call to action.
I love that call to action.

0:49:16.375,0:49:18.750
See the universe being on your side.

0:49:18.750,0:49:22.166
Be the universe around people, right?

0:49:22.250,0:49:23.875
Yeah. If you have people, you're around.

0:49:23.875,0:49:27.291
Be the kind of person that creates
the universe and the environment for them

0:49:27.583,0:49:30.041
to feel supported, feel success.

0:49:30.041,0:49:32.833
That's the difference between being a city
and a community, right?

0:49:32.833,0:49:34.916
And we're trying

to build a community here.

0:49:34.916,0:49:40.125

And if we keep assuming the worst
in each other, assuming everything bad.

0:49:41.041,0:49:43.625

Or assuming that everyone is out
to get us right.

0:49:43.625,0:49:45.875

And I mean, think of the flip mindset.

0:49:45.875,0:49:48.083

If you presume the universe
is out to get you,

0:49:48.083,0:49:49.625

you're going to find lots of evidence.

0:49:49.625,0:49:50.791

You're going to get got. Yep.

0:49:50.791,0:49:52.708

But look at flip it the other way.

0:49:52.708,0:49:56.583

Look for just how do we invite
people to just leave space

0:49:57.625,0:49:59.833

for the fact that the universe could be on
your side?

0:49:59.833,0:50:01.166

Just leave space for just leave.

0:50:01.166,0:50:03.166

Leave space for this horrible, awful
thing.

0:50:03.166,0:50:06.375

Could be good for you.

0:50:06.625,0:50:07.458

I don't like it.

0:50:07.458,0:50:08.083

I don't like it.

0:50:08.083,0:50:10.833

I'm going to admit
I don't like it, but I believe it.

0:50:10.833,0:50:12.750

That's correct. Because I've lived it.

0:50:12.750,0:50:13.625

Jennie, thank you.

0:50:13.625,0:50:15.291

Thanks Mayor this has been great.

0:50:15.291,0:50:19.083

Thanks for not just for being here,
but for living your life in the Ogden Way

0:50:19.083,0:50:22.083

for being the example

0:50:22.541,0:50:25.541

of strength and grace and grit

0:50:26.333,0:50:29.583

and gratitude through all of that grind
that you've been through.

0:50:29.583,0:50:34.583

I can't even imagine the the
what you've felt throughout all of this.

0:50:35.166,0:50:37.708
But to know that what you feel

0:50:37.708,0:50:41.916
now, to know that what you focus on today,
that's real strength,

0:50:42.833,0:50:45.833
that's real and that's real character

0:50:45.875,0:50:48.916
and that's that's a real life
and a real story of the Ogden Way.

0:50:48.916,0:50:50.000
So Jennie Taylor,

0:50:51.291,0:50:51.625
thank you.

0:50:51.625,0:50:52.375
Great to be here with you.

0:50:52.375,0:50:56.791
And just huge shout out to every teacher
I ever had or coach

0:50:56.791,0:51:00.583
or friend's parent again,
those wonderful Ogden people

0:51:01.291,0:51:05.875
who 30 years ago saw something in me
that they knew I could be

0:51:06.541,0:51:09.875
when I really needed to believe
that somebody thought I could do it.

0:51:10.541,0:51:14.125
And again, seven years ago,
the same people who people

0:51:14.125,0:51:17.041
who believed in me in my capacity
when I wasn't sure of my own.

0:51:17.041,0:51:19.166
So it is the Ogden Way together.

0:51:19.166,0:51:21.583
And I'm I'm grateful to call Ogden home.

0:51:21.583,0:51:23.791
I'm an Ogden girl. Absolutely me too.

0:51:23.791,0:51:26.791
I'm I'm blessed to have the stress

0:51:26.916,0:51:29.750
and the burden of the weight of the job.

0:51:29.750,0:51:32.750
It is an absolute blessing from above.

0:51:33.000,0:51:36.000
I will take that weight
and take that struggle every day.

0:51:36.333,0:51:38.583
Well, you're doing great things,
so. Thanks.

0:51:38.583,0:51:40.666
Hold on tight. The Ogden

Way. The Ogden Way.

0:51:40.666,0:51:42.083
So you heard it.

0:51:42.083,0:51:43.833
You know what your call to action is.

0:51:43.833,0:51:45.500
Also, look up Jennie Taylor.

0:51:45.500,0:51:47.500
Look up her, motivational speaking.

0:51:47.500,0:51:51.875
Look up her presence on stage,
the strength of the message

0:51:51.875,0:51:52.916
that she delivers.

0:51:52.916,0:51:55.916
I speak from experience
because we've seen it here locally.

0:51:56.291,0:51:58.291
We were in Florida at a conference.

0:51:58.291,0:52:01.291
She walked up like a boss.

0:52:01.583,0:52:03.958
That entire conference center.

0:52:03.958,0:52:05.791
Thousands of people.

0:52:05.791,0:52:08.458
It was a great stunned silence.

0:52:08.458,0:52:10.000
They were rapt on every word.

0:52:10.000,0:52:12.458
The only thing you could hear from
the crowd were snuffles.

0:52:12.458,0:52:15.750
That's how rapt around your message
they were.

0:52:15.875,0:52:16.625
Thank you.

0:52:16.625,0:52:19.250
And when you finished, everybody stood up.

0:52:19.250,0:52:20.791
Everybody cried.

0:52:20.791,0:52:23.041
Tears of joy and strength.

0:52:23.041,0:52:24.875
That's what you do.

0:52:24.875,0:52:26.458
That's what you do.

0:52:26.458,0:52:30.666
So be that, be your best
and be the Ogden Way.

0:52:30.666,0:52:31.250
Thank you.

0:52:31.250,0:52:33.708
So thank you everybody for watching.

0:52:33.708,0:52:35.333
And thank you,
Jennie Taylor. Thanks, mayor.