

0:00:09.625,0:00:11.583

Welcome everybody to The Ogden  
Way podcast.

0:00:11.583,0:00:14.750

I'm Ogden City mayor Ben Nadolski  
and this is where we talk about

0:00:14.750,0:00:17.750

the stories of Ogden  
by telling the stories of Ogden's people.

0:00:18.083,0:00:21.375

And today we've got my buddy Michael  
Smauldon here from the American Red Cross.

0:00:21.875,0:00:23.375

Michael, thanks for joining us.

0:00:23.375,0:00:24.000

Thanks for having me.

0:00:24.000,0:00:26.666

Yeah.

No, you were one of the first early

0:00:26.666,0:00:29.666

people that reached out to me, actually,  
when I took office.

0:00:30.000,0:00:32.583

You know, when I start, like,  
everybody and their Mom,

0:00:32.583,0:00:35.083

wants to talk to me, but

0:00:35.083,0:00:37.375

from the nonprofit side, you reached out

0:00:37.375,0:00:40.833

and wanted to meet, and you gave me  
a little bit of breathing room.

0:00:41.583,0:00:44.125

Yeah,  
because you're a thoughtful guy like that.

0:00:44.125,0:00:46.541

But, early on, you were really insistent

0:00:46.541,0:00:49.875

on meeting and connecting,  
and we've been connected ever since.

0:00:50.375,0:00:51.625

I appreciate that about you.

0:00:51.625,0:00:53.875

Well, I you know, I'm.

0:00:53.875,0:00:57.875

I've never been in elected office,  
so I can't understand, like, how it feels

0:00:57.875,0:00:59.333

when you you get the job

0:00:59.333,0:01:03.125

and then you, have everyone  
kind of just rush wanting your attention.

0:01:03.125,0:01:06.916

So, you know, I just thought,  
hey, I'll let you know who I am.

0:01:06.916,0:01:10.708

And then, I'll reach out a little bit

later to give you some breathing room.

0:01:10.708,0:01:12.583

And so I knew you  
probably appreciate that.

0:01:12.583,0:01:14.250

Oh, that was really  
thoughtful of you, actually.

0:01:15.666,0:01:15.875

Yeah.

0:01:15.875,0:01:17.625

Everybody's powered my door down,  
and you were like,

0:01:17.625,0:01:21.041

I got you to give you a minute,  
so I appreciate the minute.

0:01:21.041,0:01:25.833

But since then, and we've had a lot more  
than a minute to just sit and talk, and,

0:01:26.666,0:01:29.041

the thing that

0:01:29.041,0:01:31.083

jumped out at me, you were.

0:01:31.083,0:01:33.125

You're totally an Ogden boy. Yep. Right.

0:01:33.125,0:01:34.291

You grew up in Ogden.

0:01:34.291,0:01:35.708

Ogden kid through and through.

0:01:35.708,0:01:36.250

Yeah.

0:01:36.250,0:01:39.250

I'm not an Ogden kid.

0:01:39.791,0:01:42.625

I'm a Phoenix boy

that came to Ogden, right?

0:01:42.625,0:01:43.541

But you're an Ogden guy now.

0:01:43.541,0:01:45.166

I'm totally an Ogden now.

0:01:45.166,0:01:47.625

Right? But,

0:01:47.625,0:01:50.458

you you said you grew up  
using the Marshall White Center.

0:01:50.458,0:01:52.041

Yeah. Right.

0:01:52.041,0:01:55.416

And how do you feel about seeing  
the new Marshall White Center open?

0:01:56.375,0:02:00.291

I was there at  
the opening, and, I honestly

0:02:01.458,0:02:02.958

was holding back tears.

0:02:02.958,0:02:05.875

I, you know, I grew up in,

0:02:05.875,0:02:08.708

you know, here in Ogden, 29th child.

0:02:08.708,0:02:13.291

I mean, two blocks away from Marshall  
White, I mean, we walk there every day.

0:02:13.833,0:02:18.000

And it was  
probably what honestly saved my life.

0:02:18.500,0:02:21.958

You know,  
I had a, you know, single parent mom,

0:02:22.291,0:02:25.791

of four boys who was, you know,  
trying to make things happen

0:02:26.208,0:02:29.208

and,  
being able to go to the Marshall White

0:02:29.708,0:02:32.708

and play with other kids  
my age, play basketball,

0:02:33.166,0:02:36.625

and the rec center  
and all that kind of stuff, and swim and,

0:02:36.958,0:02:41.333

and be part of the programs that were  
there, really, really helped me,

0:02:41.750,0:02:46.625

give me that stable base, that  
I really needed to stay out of trouble.

0:02:46.625,0:02:51.625

And, you know, make an impact on me.

0:02:52.000,0:02:55.375

That is, in essence, has lasted  
my whole life.

0:02:55.416,0:02:57.166

Yeah. So.

0:02:57.166,0:02:59.958



Well, I'm glad that I'm glad the Marshall  
White center was there for you then.

0:02:59.958,0:03:02.291

And I'm glad the Marshall White center  
is there now.

0:03:02.291,0:03:03.041

But, yeah, I mean,

0:03:04.083,0:03:06.625

kind of in a way  
for you as a as a grown man now, right?

0:03:06.625,0:03:06.958

Yeah.

0:03:06.958,0:03:09.958

I, when I walked up and I saw the mural,

0:03:10.166,0:03:14.458

it just my heart just started  
just beating fast.

0:03:14.458,0:03:18.625

And I was so excited about,

this amazing possibility

0:03:18.625,0:03:22.916

for the the youth and the kids  
and the community here in Ogden City.

0:03:24.416,0:03:25.500

I miss the old building.

0:03:25.500,0:03:28.541

That's just because I was, you know,  
I grew up with it.

0:03:28.625,0:03:29.500

It's hard not to. Right?

0:03:29.500,0:03:30.375

But I.

0:03:30.375,0:03:34.833

I am impressed  
and glad on what this building

0:03:34.833,0:03:38.833

and this symbol of what, Marshall White,  
you know, for

0:03:39.083,0:03:42.583

not just me as a as a black man,  
but for the community as a whole.

0:03:43.041,0:03:44.833

In Ogden, what that means.

0:03:44.833,0:03:49.125

And so, it's,  
it's a beacon of light, here

0:03:49.125,0:03:54.250

in, downtown  
Ogden, for kids who don't have,

0:03:55.500,0:03:55.750

you know,

0:03:55.750,0:03:59.791

much, there's a place for you to go,  
right?

0:03:59.875,0:04:02.791

There's a place for you to go  
play ball and go swimming

0:04:02.791,0:04:06.125

and hang out and, do activities, and I.

0:04:06.125,0:04:11.291

And I think that is so important,  
especially for, our city.

0:04:11.666,0:04:13.416

Yeah.

So to be able to have something like that.

0:04:13.416,0:04:15.000

You know,  
one of the things with the timing

0:04:15.000,0:04:18.000

and you heard me mention it there  
that day,

0:04:18.833,0:04:20.458

you know, we announced at the event

0:04:20.458,0:04:24.875

our new, police badge,  
and we're really leaning

0:04:24.875,0:04:28.708

into our legacy as a city,  
our history together and our people

0:04:29.250,0:04:33.625

and the history and the legacy of Marshall  
was really important to this community.

0:04:34.208,0:04:35.208

It's important to your life.

0:04:35.208,0:04:38.250

And the way it's important to you  
is why it's so important to so many.

0:04:38.583,0:04:42.333

And it's the collective,  
the volume and collective of the stories

0:04:42.333,0:04:46.541

and the impacts that makes this matter  
so much for Ogden.

0:04:46.916,0:04:47.208

Right.

0:04:47.208,0:04:50.875

And but if you think about it  
from our police department standpoint,

0:04:51.666,0:04:55.666

it it's really important in their life  
and their work too.

0:04:56.416,0:04:57.458

And there used to be a day

0:04:57.458,0:05:00.458

where our police officers interacted  
a lot more with our kids.

0:05:00.875,0:05:03.125

And there just came a time where we

0:05:04.333,0:05:05.625

litigious society or

0:05:05.625,0:05:08.625

with budgets or with whatever.

0:05:08.708,0:05:11.666

I think our nation has kind of drifted.

0:05:11.666,0:05:12.375

Right.

0:05:12.375,0:05:13.833

So it's not just an Ogden thing.

0:05:13.833,0:05:17.708

And, I'm really proud of my police chief

Jake Sube who

0:05:18.333,0:05:19.416

when I interviewed my

0:05:19.416,0:05:22.416

I asked him what he wanted his legacy

to be, and he really talked about,

0:05:23.375,0:05:26.375

standing on the shoulders

of those who came before

0:05:26.416,0:05:30.291

cleaning in our history,

particularly around engaging with youth.

0:05:31.250,0:05:34.833

And we saw  
and it's been under construction

0:05:34.833,0:05:39.000

for a long time, and in that time,  
we've been planning for this in a way

0:05:39.000,0:05:43.500

to bring those our officers  
and our kids back together again.

0:05:43.625,0:05:45.208

I'd have to say, like when I  
when I was younger,

0:05:45.208,0:05:46.875

I was on a, on a basketball league.

0:05:46.875,0:05:49.500

And it was ran by Ogden City police.

0:05:49.500,0:05:49.916

Yeah.



0:05:49.916,0:05:53.583

And, you know, we were  
it was it was it was it was awesome.

0:05:53.583,0:05:54.000

It was fun.

0:05:54.000,0:05:58.416

It was, you know, they took the time and  
we got to see police in a different way.

0:05:58.791,0:06:02.250

You know, there was,  
you know, of course, you know,

0:06:03.416,0:06:05.833

you know, there's some bad eggs  
in every group.

0:06:05.833,0:06:06.833

And, you know,

0:06:06.833,0:06:10.250

I ran into a couple of those  
when I was younger, but that never made me

0:06:10.250,0:06:13.250

view Ogden Police differently growing up.

0:06:14.166,0:06:17.041

Because I would go into practice  
and there'd be,

0:06:17.041,0:06:21.208

some police officers there,  
and they were my coaches, and they would,

0:06:21.208,0:06:24.416

you know, teach me the fundamentals  
and we would play ball.

0:06:24.416,0:06:26.250

And, you know, it was it was amazing.

0:06:26.250,0:06:29.375

We had fun and they'd bring me treats  
afterwards and the team treats

0:06:29.375,0:06:32.500

and take us to,  
you know, out to eat afterwards.

0:06:32.500,0:06:35.083

And that really was impactful.

0:06:35.083,0:06:38.000

So like, you know,

getting back to that whole community

0:06:38.000,0:06:41.750

policing,

when you made that announcement,

0:06:41.750,0:06:48.333

I was cheering, super loud because, to  
to see Ogden City go back to that.

0:06:48.333,0:06:50.333

And the chief that really believes that,

0:06:50.333,0:06:53.958

that's where differences

are going to be made,

0:06:53.958,0:06:58.000

where people are going to view,

police differently and,

0:06:58.458,0:07:02.208

they're going to just be better in the  
community instead of just,

0:07:03.375,0:07:05.458

I covered this area in.

0:07:05.458,0:07:06.500

That's all I do.

0:07:06.500,0:07:09.333

So and I see, you know,

0:07:09.333,0:07:13.458

police officers all the time, by my,  
you know, my office on, you know,

0:07:13.958,0:07:18.000

you know, 29th and, and Harrison,  
they come in our parking lot

0:07:18.000,0:07:21.416

all the time, and I always, you know,  
I go out and bring my little snack box,

0:07:21.416,0:07:23.333

and I've been out there  
a couple times, "hey

0:07:23.333,0:07:26.333

can I get you some snacks or some water,"  
and they're like, "oh, thanks." You know,

0:07:26.625,0:07:29.125

but, you know, it's, it's  
good to have them around.

0:07:29.125,0:07:32.583

And. Yeah, but this next step  
is really going to help,

0:07:33.708,0:07:35.791

you know, people really feel

0:07:35.791,0:07:39.583

not scared of police, but they realize  
that police are part of the community.

0:07:39.583,0:07:42.000

Right.

And that's a that's a really good thing.

0:07:42.000,0:07:42.291

Yeah.

0:07:42.291,0:07:48.083

Not not only not be scared,  
but to to recognize them as people to

0:07:48.875,0:07:52.416

that's one of the best parts of this job  
so far is getting able,

0:07:52.750,0:07:56.958

getting the chance to know them  
personally, but also see them in action.

0:07:56.958,0:07:58.958

And it's not just the kind of action  
that you think about.

0:07:58.958,0:08:01.666

It's not the TV show stuff that you see.

0:08:01.666,0:08:02.875

Yeah, you know what I mean.

0:08:02.875,0:08:04.958

You see the real people,

0:08:06.333,0:08:08.000

but kind of behind the badge

0:08:08.000,0:08:11.500

and you recognize them for the inherent  
quality that they are as human beings.

0:08:12.000,0:08:14.583

They're here because they love the city  
and they love the people.

0:08:14.583,0:08:18.958

And when they go out and they, you know,  
if they're if they're enforcing crime,

0:08:18.958,0:08:21.958

they really feel like they're standing up  
for people who are victims.

0:08:22.083,0:08:23.166

Yeah. Right.

0:08:23.166,0:08:26.708

And that's a that's important

and that's standing up for people's rights

0:08:26.708,0:08:28.291

to not just doing it

0:08:28.291,0:08:32.041

with standing up for rights while you're,  
you know, arresting somebody.

0:08:32.041,0:08:33.333

They have rights,

0:08:33.333,0:08:36.333

but you're also protecting the rights  
of the people that are victimized here.

0:08:36.333,0:08:39.000

And we need people like that in our world,

0:08:39.000,0:08:42.000

in our lives, including when we're kids.

0:08:42.000,0:08:43.083

Right.

0:08:43.083,0:08:45.666



And those kids need to know  
that there's people out there for them,

0:08:45.666,0:08:48.583

looking out for them,  
and they need to know them and trust them.

0:08:48.583,0:08:51.791

And I think being in that environment  
can really do that more for us.

0:08:51.958,0:08:52.625

Yeah, right.

0:08:53.708,0:08:56.583

I think that

0:08:56.583,0:09:00.208

we have,  
the best school resource officers ever.

0:09:00.958,0:09:03.333

And that's not just me saying it.

0:09:03.333,0:09:05.291

Superintendent Rasmussen

said it on the show.

0:09:05.291,0:09:09.208

In fact, that,  
working with the Ogden Police Department

0:09:09.208,0:09:14.625

on school resource officer preparation  
and that program is second to none.

0:09:15.375,0:09:18.041

Hey, I'm a, you know,  
I'm a I'm a Ben Lomond Scot.

0:09:18.041,0:09:19.500

Go Scots.

0:09:19.500,0:09:25.333

Go Scots and, I mean, we had an amazing  
resource officer there when I was there.

0:09:25.333,0:09:28.416

And, he was part of the school.

0:09:28.708,0:09:32.916

He wasn't just the the police officer

that was there to protect us

0:09:32.916,0:09:34.375

and make sure we were good.

0:09:34.375,0:09:36.750

I mean, he was I mean, he'd walk the hall.

0:09:36.750,0:09:38.500

Everyone was giving him high fives and.

0:09:38.500,0:09:38.791

Yeah.

0:09:38.791,0:09:42.666

And, you know, and, you know, he was at  
games and he was he was just involved.

0:09:42.958,0:09:46.958

And that is, you know,  
that's that's an amazing thing to

0:09:47.333,0:09:48.541

to have a resource officer

0:09:48.541,0:09:49.500

who can probably just hang out

0:09:49.500,0:09:52.666

in his office all day and kind of  
just stay away from all the kids.

0:09:52.666,0:09:54.166

But no, he was really active and.

0:09:54.166,0:09:59.125

Yeah, and and really, you know, brought  
fun to the school, in his position.

0:09:59.125,0:10:02.708

And so, yeah, like Ogden  
has some great resource officers.

0:10:02.791,0:10:03.375

Absolutely.

0:10:03.375,0:10:05.916

And you know, we're really proud of it.

0:10:05.916,0:10:06.833

I am super proud.

0:10:06.833,0:10:07.666

As you know,

0:10:07.666,0:10:09.875

and and we're not going to make  
this whole show about OPD,

0:10:09.875,0:10:11.250

but we'll move on here shortly.

0:10:11.250,0:10:14.458

But we are starting to a point  
to where we're selecting for

0:10:14.458,0:10:18.666

the people that want to engage  
with, with the youth

0:10:18.666,0:10:22.291

that have the drive  
and and the interest and willingness.

0:10:23.083,0:10:24.541

And as they do that,

0:10:24.541,0:10:26.375

it's really important

they connect with the kids in the hallway

0:10:26.375,0:10:28.083

so that those kids can trust them

and come to them

0:10:28.083,0:10:30.333

with, with things that they need

help with.

0:10:30.333,0:10:32.875

It happens all day, every day,

right? Yeah.

0:10:32.875,0:10:34.166

And they do that

throughout the school year.

0:10:34.166,0:10:36.458

And then we get to the summer

and they kind of sever that connection.

0:10:36.458,0:10:39.125

The kids go out

and do whatever they want, wherever,

0:10:40.125,0:10:44.041

and they go and do other assignments,  
and then they come back to the school.

0:10:44.333,0:10:48.000

So instead of doing that, we're keeping  
those bridges built through the summer.

0:10:48.250,0:10:48.750

Nice.

0:10:48.750,0:10:52.750

By offering the Rad program for kids,  
there's actually a coach and mentor,

0:10:52.791,0:10:55.791

taught by our officers  
at the Marshall White center.

0:10:55.875,0:10:57.291

Yeah, that's gonna be great. Right.

0:10:57.291,0:11:01.125

And that that program teaches kids,  
you know, self-confidence,

0:11:01.750,0:11:04.750

how to handle bullying online.

0:11:05.666,0:11:08.666

You know, hygiene online with social media  
and things like that,

0:11:08.875,0:11:12.541

and how to how to make sure that  
the people you're around are safe, etc..

0:11:12.916,0:11:14.666

And that's the kind of thing that

0:11:14.666,0:11:17.791

they're well equipped and now certified  
because they went into training

0:11:17.791,0:11:22.375

or certified and and it aligns with what  
we're selecting for for them, you know.

0:11:22.500,0:11:23.125

Yeah.



0:11:23.125,0:11:26.208

And so we're not just putting  
people in a spot that's open.

0:11:27.500,0:11:28.583

We're putting people where we think

0:11:28.583,0:11:31.583

they're the best equipped to succeed  
and to thrive.

0:11:31.833,0:11:34.833

And I think that's going to and is already

0:11:35.125,0:11:37.625

kind of leading  
to a lot of results for kids too.

0:11:37.625,0:11:39.125

Right. That's great news.

0:11:39.125,0:11:41.250

Yeah. Super excited about that.

0:11:41.250,0:11:43.416

And for your officers

I think that's that's awesome.

0:11:43.416,0:11:46.500

And I

if I give some advice to them I would say

0:11:46.500,0:11:49.583

like this is going to radically change  
your life.

0:11:50.166,0:11:54.041

You're going to get to know  
these kids on a level

0:11:54.041,0:11:57.250

that you have never got to know them.

0:11:57.833,0:12:01.625

You're going to see their their successes  
and their failures.

0:12:01.791,0:12:06.041

And you are going to be able  
to have an impact,

0:12:06.041,0:12:10.125

that can forever change the trajectory  
of a lot of these kids life,

0:12:10.500,0:12:14.041

that they are  
probably not heading in the right one.

0:12:14.750,0:12:17.458

And you can alter that trajectory,

0:12:17.458,0:12:20.583

just by being a friendly face, being,

0:12:21.791,0:12:24.166

listening  
and interested in what they're doing.

0:12:24.166,0:12:25.291

Yeah.

0:12:25.291,0:12:27.750

You'll earn their trust,  
and they'll be able to go to you.

0:12:27.750,0:12:30.500

And that's what happened with me,

growing up.

0:12:30.500,0:12:31.333

Yeah.

0:12:31.333,0:12:31.916

That's awesome.

0:12:31.916,0:12:33.208

I'm glad to hear that.

0:12:33.208,0:12:35.666

We, we're having a little.

0:12:35.666,0:12:37.083

We're getting some feedback.

0:12:37.083,0:12:40.375

There's some concern  
that our new rate structure

0:12:40.375,0:12:43.375

is not,  
accessible enough for enough kids.

0:12:43.458,0:12:47.000

So we're we're actually revisiting  
a couple tweaks to make that even easier.

0:12:47.583,0:12:51.000

We went from a daily fee to a monthly fee.

0:12:51.375,0:12:54.375

So if you if you we don't want kids here

0:12:55.291,0:12:55.916

a day or two.

0:12:55.916,0:12:57.750

We want kids here every day. Yeah.

0:12:57.750,0:12:59.708

And so we're trying to give them a longer  
term pass.

0:12:59.708,0:13:02.166

They're they have free  
they have access all the time.

0:13:02.166,0:13:05.166

So if you come and you do a discount, once

0:13:05.333,0:13:07.750

you get a longer term pass  
and you come more.

0:13:07.750,0:13:10.000

Yeah, this is what we're after.

0:13:10.000,0:13:13.000

And so our daily fee is higher than our

0:13:13.125,0:13:15.750

than what our monthly fee would be  
if you broke it down.

0:13:15.750,0:13:17.750

It's a lot more comparable  
to the prior fees.

0:13:17.750,0:13:19.500

If you look at monthly versus daily.

0:13:20.541,0:13:22.750

But anyway, we've got some ideas

0:13:22.750,0:13:25.750

on how we can remove some barriers

so they can get deeper discounts.

0:13:26.500,0:13:28.708

And we're talking to some corporations  
right

0:13:28.708,0:13:31.708

now, local companies that are  
this is really exciting.

0:13:32.125,0:13:33.125

They want to give us some grants

0:13:33.125,0:13:35.541

so that we can just give scholarships  
to kids to come in.

0:13:35.541,0:13:36.041

That's awesome.

0:13:36.041,0:13:39.375

And so, I'm really proud of our staff  
for thinking outside the box.

0:13:39.375,0:13:43.250

And when companies come and say, we really

love that center, what can we do there?

0:13:43.250,0:13:47.416

Like we need our goals to get more kids  
in here and kids of all means.

0:13:47.958,0:13:50.125

And the kids that have barriers  
financially.

0:13:50.125,0:13:51.208

We don't want that to happen.

0:13:51.208,0:13:54.000

So if you can help then like,  
oh, how do we help?

0:13:54.000,0:13:56.208

So exciting stuff coming.

0:13:56.208,0:13:56.791

That's the way to make it.

0:13:56.791,0:13:58.958

Regardless,  
that's good community. You're right.



0:13:58.958,0:14:01.375

And these ideas are coming out of input.

0:14:01.375,0:14:03.791

We're getting from people in the community  
folks post opening.

0:14:03.791,0:14:06.333

So we're all going through the growing  
pains of opening.

0:14:06.333,0:14:06.791

Yeah.

0:14:06.791,0:14:09.000

And we're finding things like a little

0:14:09.000,0:14:12.166

line in a form that's like,  
oh, that's going to be a problem.

0:14:12.166,0:14:14.875

But how do we fix that? Right. Yeah.

0:14:14.875,0:14:16.708

So anyway, more good stuff coming. But

0:14:17.750,0:14:18.333

just reaching

0:14:18.333,0:14:22.125

back to you being a kid at that time

and fast forward

0:14:22.125,0:14:25.125

to what you're doing now

for American Red cross.

0:14:26.791,0:14:29.875

How does your time as a kid

growing up in that neighborhood

0:14:29.875,0:14:33.416

with a single mother, does that help you

in the work you're doing now?

0:14:33.416,0:14:35.708

Because you with your

your pillowcase program

0:14:35.708,0:14:39.041

and making sure that kids and families  
are prepared for emergencies?

0:14:39.041,0:14:40.750

Yeah, I, I would I have to say this.

0:14:40.750,0:14:46.500

My mom, she really instilled in me  
the the power of giving back.

0:14:46.750,0:14:48.541

You know, we didn't have a lot of money.

0:14:48.541,0:14:51.250

We were, you know, very poor at the time.

0:14:51.250,0:14:55.958

She was working her butt off and,  
but she would always make us go serve,

0:14:56.208,0:14:59.083

you know, Christmas dinner,  
Thanksgiving dinner,

0:14:59.083,0:15:02.625

and our sweet, And, we would, you know,

0:15:02.625,0:15:05.791

she'd always make us do that,  
and we're like, why are we doing this?

0:15:05.958,0:15:07.416

Right? Like, why are we doing this?

0:15:07.416,0:15:09.583

And she's like, so it's good to give back.

0:15:09.583,0:15:10.666

Like, we've been blessed.

0:15:10.666,0:15:12.666

Like the Lord has blessed us a lot.

0:15:12.666,0:15:15.958

Like we have to, you know,  
we should be giving back when we can.

0:15:16.625,0:15:19.583

And we did that for so many years and,

0:15:19.583,0:15:23.041

that, you know, kind of

just put that in me to just give back.

0:15:23.041,0:15:26.916

And so as I've, you know, moved up,  
you know, through the Red cross,

0:15:26.916,0:15:30.125

you know, a couple promotions  
up to being executive director.

0:15:30.625,0:15:34.083

You know,  
when I became executive director of,

0:15:34.708,0:15:39.291

of Northern Utah and based here  
in Ogden, I, I, I was in tears,

0:15:39.541,0:15:43.583

and I was, you know,  
my wife had to push me to that position.

0:15:44.500,0:15:47.375

And I'll be honest with you guys, like,  
I was, I was in disaster services.

0:15:47.375,0:15:51.083

I loved being a disaster and going,  
deploying and doing all that stuff.

0:15:51.083,0:15:54.833

And, you know, coming back and I was like,  
I don't want to be an idiot.

0:15:54.833,0:15:58.208

That's like, out in the public,  
that's me doing interviews in the news

0:15:58.208,0:16:00.125

and doing all this  
stuff, talking a yuckity yuck

0:16:02.000,0:16:04.333

and, you know, my, my, my wife told me,  
like, look,

0:16:04.333,0:16:07.708

this is going to help you, enhance  
what you're what you

0:16:08.250,0:16:12.458

what you're doing, and help you on

some of the skills that you need to build

0:16:12.458,0:16:15.500

on, so you could be a better,  
well-rounded individual.

0:16:15.791,0:16:18.125

And so I was like,  
all right, I took it. And so.

0:16:18.125,0:16:20.375

All right,  
when they when I officially got it,

0:16:20.375,0:16:25.791

I actually, drove here to the office  
and I remember walking into my office

0:16:25.791,0:16:29.458

and I just, you know, started tearing up  
because, like, I grew up here.

0:16:29.458,0:16:31.416

You're back yeah, I grew up here.

0:16:31.416,0:16:35.416

And now I'm here  
to help enhance the community.

0:16:35.791,0:16:40.083

Not only important to me, and my family,  
but now I get it.

0:16:40.291,0:16:42.500

I get to reciprocate that back.

0:16:42.500,0:16:45.500

And so, it was, you know,

0:16:45.583,0:16:50.416

it was a it's amazing moment,  
when I became the executive director, and.

0:16:50.416,0:16:52.875

Yeah, now we're, you know,  
we're utilizing our, our programs.

0:16:52.875,0:16:56.250

And I'm really working on community,  
community mobilization.

0:16:56.250,0:17:00.833



And that's, you know, really working in  
those areas that are low income,

0:17:01.166,0:17:05.000

to make sure that we are,  
pushing our services there.

0:17:05.291,0:17:08.333

We're flooding those zones,  
with our staff and our volunteers,

0:17:08.791,0:17:11.583

to be able to, to help people,

0:17:11.583,0:17:16.500

realize that, you know, being resilient,  
before disaster,

0:17:16.750,0:17:19.875

is going to help you bounce back,  
after disaster.

0:17:20.333,0:17:23.375

But we we do understand,  
you know, someone

0:17:23.500,0:17:26.875

spinning hard earned money  
that they don't, you know,

0:17:27.041,0:17:31.166

they're trying to balance, you know, rent,  
food, childcare and all that stuff.

0:17:31.166,0:17:34.833

And then having to go buy a 72  
hour kit, is a bit much.

0:17:35.125,0:17:38.791

And so, you know, we're working,  
you know, trying to get our partners

0:17:38.791,0:17:41.791

together to go, how do we  
how do we work on those?

0:17:42.625,0:17:47.250

Social determinants of health,  
to be able to help boost the community

0:17:47.333,0:17:52.750

so then they can start thinking about,

what disaster and disaster resiliency is.

0:17:53.041,0:17:56.875

And so, you know, we're  
not going to reinvent the wheel, right?

0:17:56.875,0:17:58.750

It's, reaching out to our partners

0:17:58.750,0:18:02.208

and having those conversations like,  
you know, the United Way and,

0:18:02.541,0:18:06.666

and others to  
as they're already doing that, that work.

0:18:07.291,0:18:09.458

There's I'm not going to go  
start a food pantry.

0:18:09.458,0:18:11.583

I'm not going to go. We have partners.

0:18:11.583,0:18:13.416

Yeah. Know

I'm not going to do that kind of stuff.

0:18:13.416,0:18:14.625

I don't need to restart that stuff.

0:18:14.625,0:18:16.875

There's already enough  
people already doing it. Right.

0:18:16.875,0:18:19.166

And so it's creating those partnerships.

0:18:19.166,0:18:22.041

I'm getting out there and having  
those conversations, shaking those hands,

0:18:22.041,0:18:27.083

sitting down and making those agreements  
and those, memorandum of understanding

0:18:27.416,0:18:30.416

and, really utilizing our partners,

0:18:30.625,0:18:33.958

to, hey, we're working with the family.

0:18:34.125,0:18:36.208

They really need help  
when it comes to food.

0:18:36.208,0:18:37.458

How can we help them?

0:18:37.458,0:18:40.375

You know, so they can start,

0:18:40.375,0:18:43.375

you know, they can live,  
and not starve and,

0:18:43.666,0:18:46.666

and, you know, more of that kind of stuff,  
which is,

0:18:47.000,0:18:50.125

you know, it's a big change for the,  
the American Red cross.

0:18:50.583,0:18:53.958

We were always like, well, if you need  
us, you know, if you need us for disaster,

0:18:54.291,0:18:56.041

just call us, right?

0:18:56.041,0:18:59.708

But now we're looking at things  
more holistically,

0:18:59.708,0:19:00.708

you know, within our services

0:19:00.708,0:19:04.333

and our forces team, you know,  
they're doing casework with veterans,

0:19:04.625,0:19:08.583

and really working with their partners  
to help those veterans who are homeless

0:19:08.583,0:19:12.125

or in trouble, to really, like,  
find those partners

0:19:12.125,0:19:15.250

and get them connected,  
so we can, you know, help those who,

0:19:15.875,0:19:19.000

you know, sacrifice  
their life for our freedoms.

0:19:20.166,0:19:20.875

You know, to help

0:19:20.875,0:19:24.125

keep them moving, and growing,  
you know, in their life.

0:19:24.125,0:19:27.375

And so, we're just we're just  
our whole team is looking at even our,

0:19:27.541,0:19:30.708

our whole blood services team  
and our training services team

0:19:30.916,0:19:35.250

are really looking at that, you  
know, things differently, of how can we

0:19:35.583,0:19:38.708

how can we help, how can we support,  
to be able to do that?

0:19:38.750,0:19:41.375

You know, every time I

0:19:41.375,0:19:45.416

see you, you,

not to get off topic or not,

0:19:46.541,0:19:49.375

but everything you just said,

there is no script for

0:19:49.375,0:19:51.625

it is coming out of your soul. Yeah.

0:19:51.625,0:19:54.625

And it gets back to the fact

that you are so blessed

0:19:55.375,0:19:57.625

to be coming back to Ogden

and working in Ogden from where

0:19:57.625,0:20:00.750

you were as a kid, to come full circle,

to have a wife



0:20:00.750,0:20:03.750

who pushes and challenges  
you to grow, to be your best right?

0:20:04.125,0:20:06.916

That you are surrounded  
by someone that cares

0:20:06.916,0:20:10.750

deeply, loves you so much  
that she wants to see you stretch, right?

0:20:10.750,0:20:11.708

Yeah.

0:20:11.708,0:20:13.291

And you were you were talking.

0:20:13.291,0:20:16.541

You said and you know,  
and we used to always give back.

0:20:16.541,0:20:18.416

And we would serve Christmas  
and Thanksgiving,

0:20:18.416,0:20:20.125

you know, like at the Marshall White.

0:20:20.125,0:20:20.708

Yeah.

0:20:20.708,0:20:24.125

It's just so profound how significant  
the emotional weight was in your life,

0:20:24.708,0:20:27.000

but how profound Ogden has been  
in raising you.

0:20:27.000,0:20:28.375

Yeah, right.

0:20:28.375,0:20:31.375

But let's not forget that you're  
now raising Ogden too.

0:20:31.916,0:20:36.875

And I think we have a really great  
opportunity with the American Red cross

0:20:37.083,0:20:38.291

and with you in particular

0:20:39.416,0:20:40.541

to really explore.

0:20:40.541,0:20:41.958

You said,

0:20:41.958,0:20:44.125

I'm not going to do a food pantry

because we have a lot of people

0:20:44.125,0:20:45.625

in the organizations

already doing food pantries.

0:20:45.625,0:20:48.208

Not that there isn't more need

for more food in those pantries.

0:20:48.208,0:20:50.625

Yeah, right. More and more food pantries.

0:20:50.625,0:20:52.625

But those are

the people who know how to do that.

0:20:52.625,0:20:54.416

So let's lean on them for that.

0:20:54.416,0:20:56.458

We don't need to create redundancy

0:20:56.458,0:20:59.791

or even competition

potentially, or conflict or even worse.

0:20:59.833,0:21:02.791

Right? We need to create alignment.

0:21:02.791,0:21:05.125

And that's what the Ogden Way

framework is set up to do.

0:21:05.125,0:21:07.291

And that's what you and

I were talking about when you came in.

0:21:07.291,0:21:09.250

You're like, I'll give you a minute.

0:21:09.250,0:21:11.750

And then we talked  
and everything that you're talking

0:21:11.750,0:21:14.750

about for disaster relief,  
but also preparation.

0:21:14.958,0:21:16.041

72 hour kits,

0:21:17.000,0:21:18.166

smoke alarm.

0:21:18.166,0:21:20.500

Right. Carbon monoxide.

0:21:20.500,0:21:22.500

Do you have an escape plan?

0:21:22.500,0:21:23.375

Right. Yeah.

0:21:23.375,0:21:24.916

And how do you help kids

0:21:24.916,0:21:28.541

make sure that they're ready in the moment  
and not panicked and.

0:21:28.916,0:21:29.875

Right. Yep.

0:21:29.875,0:21:33.166

Those are the kinds of things  
that we actually have been doing some of

0:21:33.958,0:21:35.166

as a fire department.

0:21:35.166,0:21:38.708

And that's a service  
that needs to happen for people.

0:21:39.375,0:21:41.666

But it doesn't have to happen  
by our fire department.

0:21:41.666,0:21:43.583

It can happen through a partner. Yeah.

0:21:43.583,0:21:47.833

And it's the perfect example  
of how I'm building the Ogden Way

0:21:47.833,0:21:51.416

framework with bringing with collaboration  
as a core value,

0:21:51.750,0:21:54.625

bringing partners to the table  
to help deliver services

0:21:54.625,0:21:58.958

that are tangential  
or directly related to what we do

0:21:59.666,0:22:04.000

so that they we don't have to put  
taxpayer dollars into our service

0:22:04.666,0:22:08.375

while also having private, donations  
and nonprofits.

0:22:08.666,0:22:10.708

Right. And then goes do the same thing.

0:22:10.708,0:22:12.708

We can do the same thing  
and be a lot more efficient,

0:22:12.708,0:22:15.541

because we're not a city of people  
that have enough wealth to be able to

0:22:15.541,0:22:17.791

to be funding both. Yeah.

0:22:17.791,0:22:20.791

You know, I mean, yeah,  
that's really important for people.

0:22:20.875,0:22:24.625

I mean, and and when we have  
that conversation, I remember,

0:22:24.625,0:22:27.750

you know, we were talking about,  
you know, I wish people would

0:22:29.166,0:22:29.666

look at the



0:22:29.666,0:22:33.541

nonprofits that are here,  
and then how can you work and enhance

0:22:33.541,0:22:36.750

those nonprofits instead  
of starting a whole nother nonprofit?

0:22:37.916,0:22:41.833

And I and I think there's ways  
to, you know, as people are looking at,

0:22:41.833,0:22:47.125

you know, the numerous nonprofits  
that are here and, and Ogden City is

0:22:47.333,0:22:50.333

how do you  
how do you effectively join a nonprofit,

0:22:51.250,0:22:55.208

enhance that nonprofit,  
stick to the mission of that nonprofit.

0:22:55.583,0:22:59.125

There might be some enhancements where

they might change some of the programming

0:22:59.500,0:23:00.916

or add some programming. Right.

0:23:00.916,0:23:05.250

And still not mission drift or,  
you know, that kind of stuff.

0:23:05.250,0:23:09.125

And, and I would encourage  
more people to, to really look at that

0:23:09.125,0:23:11.416

and look at the nonprofits  
that are already here.

0:23:11.416,0:23:14.791

And how can you give your time,  
your energy, your treasure,

0:23:15.083,0:23:19.500

to really enhance what they're  
already doing and join a board,

0:23:20.166,0:23:23.583

be a part of that board  
and and really enhance,

0:23:23.583,0:23:26.875

you know, what the that nonprofit  
and that mission is doing.

0:23:27.208,0:23:28.916

And if we had more people do that  
instead of

0:23:28.916,0:23:32.000

just starting a whole nother  
nonprofit just for one little niche,

0:23:33.666,0:23:36.791

or even if it's not just a niche, it's,  
oh, you know,

0:23:36.791,0:23:38.750

I want to start a food pantry,  
so I'm going to do it.

0:23:38.750,0:23:42.333

I don't necessarily agree with how that,  
you know, the food pantry here

0:23:42.333,0:23:43.833

in Ogden is doing it.

0:23:43.833,0:23:46.500

You know, I don't agree with it.

So I'm going to start a whole new one.

0:23:46.500,0:23:49.166

I think, you know, Ogden get better.

Join the board, help make it better.

0:23:49.166,0:23:52.708

Part of the board and

and change it for the better.

0:23:53.791,0:23:55.708

Because, you know, I have a board

0:23:55.708,0:24:00.416

and they are amazing individuals

who sit on this on my board of directors.

0:24:00.750,0:24:03.750

And I couldn't do what I do

if I didn't have them.

0:24:04.041,0:24:06.916

And, but they pushed and challenged me

0:24:06.916,0:24:09.541

all the time as the executive director.

0:24:09.541,0:24:10.666

Mike, do you think about this?

0:24:10.666,0:24:12.958

What about this?

You're not really thinking about this.

0:24:12.958,0:24:15.208

Mike,

if you work on your PTO one more time,

0:24:16.166,0:24:16.958

like we're going to have a

0:24:16.958,0:24:20.541

conversation like work with your team,

0:24:21.166,0:24:24.125

but take time off

because we need you to stay at your best.

0:24:24.125,0:24:26.750

Right? So they're always pushing  
and getting in there.

0:24:26.750,0:24:28.083

And others can do that.

0:24:28.083,0:24:29.958

Like citizens here in Ogden.

0:24:29.958,0:24:32.791

They can do that.

They can be a part of a board.

0:24:32.791,0:24:34.125

We can harness that nonprofit.

0:24:34.125,0:24:36.791

We can make it the best it can be.

0:24:36.791,0:24:39.791

And and I challenge people here

0:24:39.791,0:24:43.166

to to look at the boards,  
look at the nonprofits here and join.

0:24:43.416,0:24:47.875

I know several boards,  
including myself, who need people.

0:24:48.000,0:24:49.666

We need people on our board. Okay.

0:24:49.666,0:24:53.875

To on our boards to help us continue  
moving forward, to continue

0:24:53.875,0:24:58.791

helping people, to to bring ideas  
and the way we can do things better.

0:24:59.041,0:25:02.041

And the only way we could do things better  
in our communitie is if the community

0:25:02.125,0:25:05.291

joins in and brings,  
you know, the attention

0:25:05.291,0:25:08.458

to what's happening and saying, hey, Mike,  
did you realize this is happening?

0:25:09.000,0:25:10.375

You know, here in Ogden?

0:25:10.375,0:25:14.833

And I, you know, like, oh, I don't,  
you know, let's talk about it.

0:25:14.833,0:25:18.000

Let's get everyone together in the board  
and let's see what we can do to

0:25:18.291,0:25:22.041

to make a difference in that, in that area  
when we if we can't,

0:25:22.041,0:25:24.083

if we're not, you know,  
we're not going to mission drift, right?

0:25:24.083,0:25:26.125

We're going to,  
if it's something that's not in our, in



0:25:26.125,0:25:29.291

our mission, let's go find a partner  
who's already doing it

0:25:29.500,0:25:31.916

and have that conversation with them  
so they can do it.

0:25:31.916,0:25:35.666

So I agree with everything you're doing,  
the Ogden way.

0:25:36.000,0:25:40.916

And to to make sure that, you know,  
we are, being more in sync

0:25:41.250,0:25:45.750

and not just as a, as a government,  
but as a government and nonprofit

0:25:45.875,0:25:50.166

and businesses and, you know, all that  
for profit, you know, organizations

0:25:50.458,0:25:54.333

that we're working together,  
for the betterment of Ogden City.

0:25:54.333,0:25:55.875

Right? It's it's about finding

0:25:57.625,0:25:59.125

and being in sync.

0:25:59.125,0:26:00.541

Synchronicity, I guess.

0:26:00.541,0:26:03.625

But or alignment is  
what I'm always thinking about it because,

0:26:04.708,0:26:07.250

yeah, we, you know,  
we can't afford to be at odds ever.

0:26:07.250,0:26:10.375

Like, we're not wealthy enough  
as a, as a community.

0:26:10.833,0:26:13.666

Not that there's not wealth in our city,

but there's wealth within our people.

0:26:13.666,0:26:16.291

There's wealth  
within our spirit, for sure.

0:26:16.291,0:26:19.291

And, you know,  
you guys are in the right location

0:26:19.291,0:26:22.291

with the work, that United Way is doing to  
to set that table

0:26:22.833,0:26:24.708

and bring that togetherness?

0:26:24.708,0:26:27.750

Because when you get into  
that environment, there is no politics.

0:26:27.750,0:26:29.875

It's just people. It's just service.

0:26:29.875,0:26:33.125

And sitting on the board is one way,

but also the programs

0:26:33.125,0:26:35.583

we run, are volunteered as well. Right?

0:26:35.583,0:26:36.666

Yeah. Volunteer supported.

0:26:36.666,0:26:39.750

And so if, if, if the fiduciary role

0:26:39.750,0:26:42.750

and the governance role of being on  
the board of directors is not for you,

0:26:42.958,0:26:45.708

there's other ways that you can contribute  
to volunteering

0:26:45.708,0:26:48.708

to going into the neighborhoods,  
connecting with families and kids.

0:26:48.958,0:26:52.750

And but I find that when I was  
when I've been involved

0:26:52.750,0:26:56.125

with nonprofits and it applies to  
other experiences in life too

0:26:57.541,0:26:58.208

like,

0:26:58.208,0:27:00.958

you've got to really high quality  
human beings on your board.

0:27:00.958,0:27:03.750

You have some like, really top notch,

0:27:03.750,0:27:04.875

achievers, right?

0:27:04.875,0:27:06.666

In this community.

0:27:06.666,0:27:11.666

But when you surround yourself with those  
kinds of people, you become one.

0:27:11.666,0:27:13.625

And like that too, right?

0:27:13.625,0:27:14.708

Like if you're sitting at the table

0:27:14.708,0:27:17.708

and you're the smartest person, sit  
at a different table, right.

0:27:18.000,0:27:20.458

And so these are opportunities  
to to level up,

0:27:20.458,0:27:23.750

to surround yourself with greatness  
and leveling up your own right.

0:27:24.416,0:27:26.791

And others can do that  
based on your greatness too.

0:27:26.791,0:27:28.416

Yeah, that's how we build.

0:27:28.416,0:27:30.583

And I think to like,

0:27:30.583,0:27:31.041

you know.

0:27:31.041,0:27:32.625

Yeah, like you said, if you, you know,  
you don't

0:27:32.625,0:27:36.375

have to necessarily be on the board,  
but you can still be a part of something.

0:27:36.375,0:27:38.250

And, you know, I have a team of five,

0:27:39.416,0:27:41.833

in my office,

0:27:41.833,0:27:44.833

majority of the time,  
it's only three of us in the office.

0:27:45.416,0:27:48.791

The other two are out about,  
you know, volunteer recruiting and,

0:27:49.208,0:27:50.791

you know, doing other stuff.

0:27:50.791,0:27:54.041

And,

0:27:54.041,0:27:57.041

majority of my, of our team  
are volunteers,

0:27:57.333,0:28:00.750

over 300 volunteers, here  
in northern Utah,

0:28:01.291,0:28:04.916

who are incredible human beings,  
who give time

0:28:05.458,0:28:11.708

and sometimes their treasure, to enhance  
what we do, here in, in our community.

0:28:11.708,0:28:14.791

And so a lot of the work that we,  
we wouldn't be able to do it



0:28:14.791,0:28:17.625

if it wasn't for our volunteers,  
it just wouldn't be possible.

0:28:17.625,0:28:21.875

And so walking in my office and seeing,  
you know, 4 or 5 volunteers, like,

0:28:21.875,0:28:23.458

sitting there and working with our,

0:28:23.458,0:28:27.416

our staff and planning and doing things,  
and they're just running programs.

0:28:28.500,0:28:30.208

That's the way to, you know, to do it.

0:28:30.208,0:28:33.250

And so,  
you know, if you want to volunteer,

0:28:33.791,0:28:36.916

we got plenty of work for you,  
for you guys to do.

0:28:36.916,0:28:41.958

If people want to volunteer,  
we can always use your, use your, your,

0:28:41.958,0:28:47.166

your passion and your heart and your,  
amazing minds to come, you know, push

0:28:47.166,0:28:50.166

what we're doing and and to help  
the community that we're serving.

0:28:50.166,0:28:52.833

Well, let's talk a little bit  
about what your volunteers are doing,

0:28:52.833,0:28:55.500

because that really gets to the heart  
of what your program is. Yeah.

0:28:55.500,0:28:58.375

If you were to volunteer

0:28:58.375,0:29:01.166

for the American Red cross,

0:29:01.166,0:29:02.833

you know, going into these communities

0:29:02.833,0:29:06.916

and meeting these families and neighbors,  
what does that work look like?

0:29:07.083,0:29:08.333

What is the goal?

0:29:08.333,0:29:10.125

Why are you doing it? What do they,

0:29:11.125,0:29:13.583

What do they  
leave with it after your volunteer leaves?

0:29:13.583,0:29:14.000

Yeah.

0:29:14.000,0:29:18.458

So, you know, we have numerous  
different opportunities for volunteers.

0:29:18.458,0:29:20.708

We have those volunteers who were.

0:29:20.708,0:29:22.625

I mean, they work 40 hours a week.

0:29:22.625,0:29:25.625

Wow. It's a it's a normal job for them.

0:29:25.875,0:29:27.458

But they do it. Volunteer.

0:29:27.458,0:29:28.791

They usually they retired.

0:29:28.791,0:29:31.166

They just want to do something  
to give back.

0:29:31.166,0:29:34.875

And so they, you know, at the time,  
I think that's called an unpaid employee.

0:29:35.250,0:29:36.416

Yeah. Yeah.

0:29:36.416,0:29:40.500

But then we have those who, you know,

they have only an hour a month.

0:29:40.500,0:29:41.250

And so,

0:29:41.250,0:29:43.208

they'll, they'll,

they'll come back and be like,

0:29:43.208,0:29:45.541

hey, we have a project, a quick project

I can do.

0:29:45.541,0:29:47.791

And, you know, yeah,

this is what we're working on.

0:29:47.791,0:29:51.208

And they'll work on that project and

they're like, okay, see you next month.

0:29:51.208,0:29:51.666

Right.

0:29:51.666,0:29:55.166

So, but, you know,

within the scope of Red cross, right?

0:29:55.166,0:29:59.458

I think most people understand that Red cross is, you know, we do disaster relief.

0:29:59.666,0:30:01.166

We do blood donations.

0:30:01.166,0:30:04.166

But they don't realize the other stuff that we do.

0:30:04.250,0:30:04.625

Right?

0:30:04.625,0:30:07.916

And that's, you know, we have our services and our forces team

0:30:08.375,0:30:11.916

who are really working to enhance the life of our,

0:30:12.833,0:30:16.083

active duty members, their families

and veterans and their families.

0:30:16.500,0:30:19.250

And,

we have an amazing team of volunteers

0:30:19.250,0:30:23.250

and staff who, are on Hill

Air Force Base in the pharmacies.

0:30:23.250,0:30:26.458

And, you know, they're the medical group

0:30:26.458,0:30:29.541

doing volunteer work there and enhancing

what the medical group is doing.

0:30:29.958,0:30:33.041

But here working with veterans

and, working,

0:30:33.416,0:30:35.250

and, you know, other veterans centers

0:30:36.416,0:30:38.708

and being able to,

0:30:38.708,0:30:42.958

look at a veteran who calls our, hero

0:30:43.583,0:30:47.291

hero Care Network and say,

hey, I'm don't have a place to live.

0:30:49.291,0:30:50.125

I don't know what to do.

0:30:50.125,0:30:53.041

I don't know where to go,

but I just need help.

0:30:53.041,0:30:57.875

And our casework teams call them up,

set up times with them, interview them,

0:30:57.875,0:31:00.416

and then start working with our partners

to help

0:31:00.416,0:31:01.708

getting them to something they need.



0:31:01.708,0:31:04.458

They registered,  
help them with the V.A. benefits.

0:31:04.458,0:31:08.208

You know, getting in some housing,  
getting some cash in their pocket

0:31:08.208,0:31:09.625

if needed.

0:31:09.625,0:31:11.583

Food, if they need

0:31:11.583,0:31:14.333

to really enhance that veteran's life.

0:31:14.333,0:31:17.250

Well, and a lot of people don't know  
that, you know, and, you know,

0:31:17.250,0:31:20.541

Red cross started with Clara Barton,  
on the battlefield.

0:31:20.750,0:31:24.125

That's where she started, was,  
you know, the Civil War

0:31:24.125,0:31:27.375

and helping both sides  
and trying to keep people alive

0:31:27.708,0:31:31.500

and the enhancement of 200  
plus years from that,

0:31:32.041,0:31:35.083

you know, yeah,  
we do disaster relief, and we do blood.

0:31:36.125,0:31:36.791

But we

0:31:36.791,0:31:40.875

still do what we started doing,  
and that was helping our veterans,

0:31:40.875,0:31:43.875

helping our servicemembers  
and helping their families.

0:31:43.958,0:31:46.416

And so we will never get away from that.

0:31:46.416,0:31:48.125

We will continue doing that.

0:31:48.125,0:31:51.791

And so, we have amazing volunteers  
who are doing that kind of service work.

0:31:52.291,0:31:56.166

You know, and then with our, you know,  
our blood services team, volunteers

0:31:56.166,0:31:59.458

who are going to blood drives  
and being that blood donor ambassador.

0:31:59.458,0:32:03.208

And so they're welcoming people in  
and saying, hey, you know, welcome.

0:32:03.583,0:32:05.541

Let's get you checked  
in. Do you need water?

0:32:05.541,0:32:06.708

Do you need snacks?

0:32:06.708,0:32:10.291

What do you need after your blood draw,  
like, you know, let's make this happen.

0:32:10.625,0:32:12.750

And they're that friendly face  
that people need

0:32:12.750,0:32:15.000

when they walk in  
because some people are scared.

0:32:15.000,0:32:15.750

I don't like needles.

0:32:16.750,0:32:18.625

I work for the Red cross,

0:32:18.625,0:32:22.500

but I'm like, yeah, but,  
you know, it's nice when I'm like, okay,

0:32:23.500,0:32:24.208

I'm not going to look.

0:32:24.208,0:32:27.541

Just hurry up and just hurry up  
and poke me and get my blood right.

0:32:27.541,0:32:28.333

And a blood donor

0:32:28.333,0:32:32.125

ambassador walks up and holds my hand  
and goes, just look at me Mike I got you.

0:32:32.625,0:32:35.333

And then next thing I know, I'm like,  
oh, I'm done.

0:32:35.333,0:32:36.541

And I get my little snack,

0:32:36.541,0:32:38.833

my little juice box,  
and we're getting we're walking around.

0:32:38.833,0:32:41.833

Right? Yeah. But, you know, there's,

0:32:42.250,0:32:44.875

you know, numerous, numerous,

0:32:44.875,0:32:47.875

volunteer positions

that we have at the Red cross

0:32:47.916,0:32:51.708

and opportunities for people to deploy

not just all over the United States,

0:32:52.125,0:32:56.666

but like all over the world,

in some cases, to be able to help,

0:32:57.291,0:33:00.291

people, in a disaster.

0:33:00.541,0:33:05.500

And, you know, our largest team

here is our disaster services team, and,

0:33:05.500,0:33:09.583

but we focus a lot on preparedness,

which is a blessing here.

0:33:09.875,0:33:14.375

In northern Utah, where we don't have  
a lot of disasters, knock on wood.

0:33:14.791,0:33:15.875

And,

0:33:17.666,0:33:19.875

and, but, you know, we get, you know,

0:33:19.875,0:33:23.875

but we get the opportunity to go out  
and to help people understand,

0:33:23.875,0:33:27.750

what happens if a disaster  
and are you ready for it?

0:33:28.250,0:33:30.916

And, you know,  
we talked about our pillowcase program

0:33:30.916,0:33:33.958

and being able to go, teach kindergarten  
through third grade.

0:33:34.333,0:33:36.750

Hey, like, your feelings are valid.

0:33:36.750,0:33:40.375

When something scary happens, like,  
those are valid feelings,

0:33:40.500,0:33:42.625

but here are some tips that you can do

0:33:42.625,0:33:45.625

to help you,  
handle what those feelings are.

0:33:45.875,0:33:49.708

And to be able to keep, you know,  
talk to an adult about how you feel

0:33:49.916,0:33:53.541

and to be able  
to keep moving through during, a crisis.

0:33:53.541,0:33:56.375

Right? Not just a disaster, but a crisis.



0:33:56.375,0:34:00.416

And and so those are important things  
that we're trying to teach from kids

0:34:00.416,0:34:04.333

to, teenagers on how to, you know,  
we really,

0:34:04.708,0:34:09.041

you know, our hands only CPR and making  
sure that people have some sort of way to,

0:34:09.333,0:34:12.208

when they see  
someone have a medical emergency,

0:34:12.208,0:34:15.750

right, is to,  
you know, call 911, check their pulse,

0:34:16.541,0:34:19.541

give compressions  
until, medical personnel arrive.

0:34:19.750,0:34:23.875

And to be able to keep saving,

you know, people's lives, kind of go

0:34:23.875,0:34:27.541

from there and stop the bleed programs  
and other things like that, right?

0:34:27.541,0:34:29.791

You know, in case,  
you know, something happens

0:34:29.791,0:34:32.750

and someone is, severely injured  
and they're bleeding, right?

0:34:32.750,0:34:35.000

How do we help,  
you know, to make sure that that person.

0:34:35.000,0:34:38.416

You guys do a lot of the training  
for how to respond to that, too, right?

0:34:38.666,0:34:42.083

Which really dovetails with our pulse  
point program to to make sure that

0:34:42.958,0:34:46.375

when those emergencies happen, we know  
that, yeah, there's trained people around.

0:34:46.500,0:34:47.875

Yeah, that can help with that.

0:34:47.875,0:34:52.000

So, you know, we're really trying to just  
look at the community

0:34:52.208,0:34:55.583

and be able to holistically  
make sure that people are prepared.

0:34:55.791,0:34:57.541

But on top of that,

0:34:57.541,0:35:00.000

we're we're not going to just come in  
and, you know, we don't want to come in

0:35:00.000,0:35:03.250

and just take over and go,  
this is the stuff that you need, right?

0:35:03.250,0:35:04.750

This is what you need to learn.

0:35:04.750,0:35:07.166

No, we want to meet with the community  
where they're at and go,

0:35:07.166,0:35:09.666

what do you want to learn  
and how can we help you?

0:35:09.666,0:35:10.875

And then. Way more powerful.

0:35:10.875,0:35:14.958

And then find those in the community  
who can then teach their own community.

0:35:15.625,0:35:18.458

And that is a big pivot  
for Red cross, right where

0:35:18.458,0:35:21.750

we used to go in and do all these massive  
trainings and, and do this stuff.

0:35:21.750,0:35:24.750

No, now we want to do training  
the trainers, we want to train community,

0:35:24.875,0:35:28.291

and we want to get community  
to helping community and people,

0:35:28.708,0:35:31.458

helping neighbors  
and getting to know their neighbors.

0:35:31.458,0:35:33.000

And that's a huge thing.

0:35:33.000,0:35:38.791

That is when it comes to resiliency  
work, is getting people to understand

0:35:38.791,0:35:39.750

and get to know

0:35:39.750,0:35:43.125

their their neighbors and their friends  
and, and others that are around them

0:35:43.416,0:35:46.666

because you won't respond or help somebody  
if you don't know them.

0:35:46.708,0:35:51.791

Dude, I don't know if people listening  
or viewing can see it or not,

0:35:52.666,0:35:55.666

but I'm just telling you  
I can feel it in the room like you are,

0:35:56.375,0:35:59.791

I can tell when you get really,  
I don't know if there's something

0:35:59.833,0:36:01.291

I can see in you.

0:36:01.291,0:36:05.375

You get animated about, community  
and connecting with people.

0:36:06.583,0:36:07.833

This is the.

0:36:07.833,0:36:10.375

This is why every time I see you,  
I feel better.

0:36:10.375,0:36:11.375

Did you see when we knocked on wood,

0:36:11.375,0:36:13.625

we did the exact same knock  
at the exact same time.

0:36:13.625,0:36:17.625

Yeah, I knew we were brothers,  
I knew it, I just

0:36:17.791,0:36:20.708

I just want people

0:36:20.708,0:36:22.708

to, to be successful.

0:36:22.708,0:36:25.708

I want people to be able to,

0:36:26.708,0:36:29.708

when a disaster occurs,

to be able to bounce back.

0:36:30.000,0:36:34.875

I've traveled all over the United States,  
from the Paradise fires in California

0:36:34.875,0:36:39.625

to hurricanes in Florida and the Carolinas  
and, you know, Louisiana.

0:36:40.083,0:36:43.625

And I see communities  
who don't bounce back.

0:36:45.416,0:36:46.791

You don't realize that

0:36:46.791,0:36:49.791

when a business fails,  
the community fails.

0:36:50.375,0:36:52.833

You know, we we work to get,

0:36:52.833,0:36:56.375

you know, businesses to do,



what we call a ready rating survey,

0:36:56.541,0:36:59.375

to determine

if they are ready for a disaster.

0:36:59.375,0:37:02.375

And, you know, and trying

to get businesses to understand that

0:37:02.666,0:37:05.041

if you fail, especially for,

like a grocery store

0:37:05.041,0:37:07.541

or anything that provides services

like that,

0:37:07.541,0:37:10.541

if you fail and don't return

and the community doesn't return.

0:37:10.541,0:37:12.125

Wow, yeah. And I've seen it.

0:37:12.125,0:37:17.000

I've been in Louisiana

where, in their wards and, grocery store

0:37:17.000,0:37:21.791

goes way and people have to get on a bus

and travel three hours to a grocery store,

0:37:22.166,0:37:23.833

and they're like,

you know, this is not worth them moving.

0:37:24.958,0:37:27.625

And so then they move out of the city

and they move out of that ward,

0:37:27.625,0:37:29.500

or it gets replaced

with the convenience store.

0:37:29.500,0:37:29.958

And the convenience

0:37:29.958,0:37:33.125

store sells junk food that cost more,

and then the community health suffers.

0:37:33.125,0:37:35.541

And then there's  
all of these different cycles. Right.

0:37:35.541,0:37:38.541

And so getting the whole community  
to understand

0:37:38.583,0:37:41.583

that it takes it's  
everyone has to play their part.

0:37:41.791,0:37:45.458

Whether you're a business,  
another nonprofit or a community member,

0:37:45.750,0:37:49.791

there's something for you to do  
and to learn and to understand,

0:37:50.166,0:37:54.208

to be able to help our city be able  
to bounce back after after a disaster.

0:37:54.208,0:37:59.375

Do you see the new research that was just

announced this this last week?

0:37:59.375,0:38:04.458

I think around the severity of the the big  
one, the big the earthquake is coming.

0:38:04.458,0:38:06.000

I'm sure you're tracking on it. Yeah.

0:38:06.000,0:38:08.916

I mean, those are the kinds of things  
that you're talking about is if

0:38:08.916,0:38:11.250

or when I should say that happens.

0:38:11.250,0:38:14.458

This community has to be prepared  
so that we bounce back, that we return.

0:38:15.333,0:38:17.583

And, I mean, those are the kinds of things  
that you think about

0:38:17.583,0:38:20.583

when you're the mayor and you're like,

this could happen on my clock.

0:38:21.208,0:38:24.958

And even if it's not on my watch, right,  
am I preparing

0:38:25.083,0:38:29.666

and working with partners or our disaster  
relief team preparing, right.

0:38:29.791,0:38:30.625

Yeah.

0:38:30.625,0:38:33.250

For the next mayor  
and the next or whatever.

0:38:33.250,0:38:34.916

It happens  
because it's going to happen. Yeah.

0:38:34.916,0:38:37.916

And getting people to understand too,  
that it's not just,

0:38:38.416,0:38:40.916

you know, the government is  
not going to come save you.

0:38:42.958,0:38:45.958

The government is going  
to get essential services up and going.

0:38:46.125,0:38:50.041

The government's going to get, you know,  
go out and rescue people and save lives.

0:38:50.041,0:38:52.916

And to focus on that stuff,  
they're going to get road repair,

0:38:52.916,0:38:54.541

they're going to get bridges  
back up and going,

0:38:54.541,0:38:57.041

and they're going to get the city up  
and going.

0:38:57.041,0:39:01.083

You have to be prepared  
and take care of yourself.

0:39:01.083,0:39:01.708

But it's the people.

0:39:01.708,0:39:06.125

And since, you know, in our community,  
we're going to step up

0:39:06.125,0:39:10.250

and we're going to have to help people  
and, and Red cross will be there, right?

0:39:10.250,0:39:11.250

We will.

0:39:11.250,0:39:14.375

I mean, we will  
mobilize 10,000 volunteers,

0:39:14.750,0:39:18.875

from across the United States  
to come here and to help open shelters

0:39:18.875,0:39:20.750

and to feed people  
and to do things like that,

0:39:20.750,0:39:24.750

because this is the incredible  
organization and structure that we have.

0:39:26.000,0:39:28.458

But if we can start it local,

0:39:28.458,0:39:32.458

if we can build up this stuff,  
maybe I don't need 10,000 volunteers

0:39:32.708,0:39:36.375

from out of, you know, out of state  
to come in when I have the community

0:39:36.375,0:39:40.750

that can help itself and can step up  
and, and, recover.

0:39:40.750,0:39:42.958

You get me fired up again.

0:39:42.958,0:39:45.208

And, to, you know, take care of our own.



0:39:45.208,0:39:49.000

And so, you know, that's the that's the,  
you know, when we talk about community

0:39:49.000,0:39:52.833

mobilization,  
it's mobilizing the community,

0:39:52.833,0:39:57.541

to be able to face disasters  
together, have the training, be trained,

0:39:57.541,0:40:01.500

you know, get the training now,  
so then when it does happen, it's not.

0:40:01.708,0:40:04.625

Hey, I want to help, I got to  
what do I need to do?

0:40:04.625,0:40:07.375

No, you already trained, you know, let's  
get you trained. Let's get you going.

0:40:07.375,0:40:09.833

So then when it happens,

you know exactly what to do.

0:40:12.208,0:40:13.500

The more you talk, the more

0:40:13.500,0:40:16.916

I realize why you tell me you like that  
what I'm up to on the Ogden Way.

0:40:17.291,0:40:19.750

Like you really are the Ogden Way

0:40:19.750,0:40:20.916

through and through. Yeah.

0:40:20.916,0:40:23.916

You talked about, you know,  
we already had all the alignment talk,

0:40:24.416,0:40:26.750

but you talked about governments  
not going to do it for you,

0:40:26.750,0:40:28.291

you have to do it.

0:40:28.291,0:40:31.291

And then we also have to help each other  
like that.

0:40:31.916,0:40:35.750

If we if if we want to make Ogden great,  
we have to invest our people,

0:40:35.750,0:40:38.041

make ourselves great, make each other  
great.

0:40:38.041,0:40:39.166

It's all about our people.

0:40:39.166,0:40:39.833

Yeah.

0:40:39.833,0:40:42.375

Like if our people are thriving,  
Ogden's thriving,

0:40:42.375,0:40:44.583

if our people are struggling,  
Ogden is struggling.

0:40:44.583,0:40:45.875

That's the fact.

0:40:45.875,0:40:48.250

Everything follows our people, right?

0:40:48.250,0:40:50.833

Which is why everything's  
about our people.

0:40:50.833,0:40:52.833

Yeah, it's not about politics or power.

0:40:52.833,0:40:55.750

It's about people. And so if we could just

0:40:57.041,0:40:59.291

snap our fingers and everybody would be

0:40:59.291,0:41:03.708

totally engaged and,  
and empowered, to, to own

0:41:03.708,0:41:06.708

their own circumstances, that would make  
all the difference, right? Yep.

0:41:07.125,0:41:10.250

But there's also people  
that aren't able to or won't, but

0:41:11.250,0:41:13.166

I remember that we had a huge windstorm.

0:41:13.166,0:41:16.166

I don't remember what year it is, I'm  
not great with time and calendars

0:41:17.000,0:41:19.125

we're going to look at Cindy  
she can attest.

0:41:19.125,0:41:24.041

But, prior mayor Mike Caldwell,  
I remember I was on the city council

0:41:24.041,0:41:25.041

at the time.

0:41:25.041,0:41:28.250

I remember calling him around  
like city response and stuff,

0:41:29.583,0:41:31.250

and and I

0:41:31.250,0:41:34.375

said, well,

sounds like we got to neighbor up, right?

0:41:34.375,0:41:38.791

Because he was like, we've got public works, police fire, power company.

0:41:38.791,0:41:40.625

He was telling me

all the things you just told me.

0:41:40.625,0:41:42.958

Yeah, he was working on those.

0:41:42.958,0:41:44.291

And I'm like,

all right, sounds like we got

0:41:45.250,0:41:48.000

we got a neighbor up, up in here, right?

0:41:48.000,0:41:52.083

And then I saw him in the media and he said, "time to neighbor up," he said it.

0:41:52.375,0:41:55.375

And that was the theme that resonated for me.

0:41:55.500,0:41:56.250

Yeah.

0:41:56.250,0:41:59.916

And that's what you're talking about when when that thing comes,

0:42:00.666,0:42:02.833

we're going to be ready to take our own,

0:42:02.833,0:42:05.833

take accountability for ourselves, and we're going to be ready to neighbor up.

0:42:06.000,0:42:07.500

Yeah, right.

0:42:07.500,0:42:08.083

That's what you're doing.

0:42:08.083,0:42:10.041

That's what community resilience  
is, right?

0:42:10.041,0:42:12.875

Neighbors  
helping neighbors and helping community.

0:42:12.875,0:42:14.583

And you know, when when we do that,

0:42:14.583,0:42:18.166

we can bounce back so much stronger  
than if we if we don't.

0:42:18.583,0:42:21.583

So, I

0:42:22.083,0:42:23.666

sadly, I don't live here in Ogden.

0:42:23.666,0:42:25.500

Right. But I live nearby.



0:42:25.500,0:42:28.833

I live in Clearfield, and, I have taken,

0:42:29.000,0:42:32.000

you know, my wife is not an extrovert.

0:42:32.000,0:42:33.625

She is total introvert.

0:42:33.625,0:42:38.333

If she didn't have to talk to anyone,  
she wouldn't and but,

0:42:38.333,0:42:40.500

I mean, we've taken time  
to get to really get to know

0:42:40.500,0:42:44.666

our neighbors, on the sides of us,  
across the street, up and down the street.

0:42:45.208,0:42:49.083

And really taking the time  
to get to know everyone.

0:42:49.083,0:42:52.625

So when something does happen, you know,

0:42:53.791,0:42:56.125

I'm not trying to figure out who they are.

0:42:56.125,0:42:57.125

Do they really want my help?

0:42:57.125,0:42:59.125

No, it's me going over them, going,  
hey, can I help you?

0:42:59.125,0:43:00.208

Like, what's going on?

0:43:00.208,0:43:00.875

Okay.

0:43:00.875,0:43:03.666

You know, and we they know us,  
if something's happening there

0:43:03.666,0:43:07.166

and that's what we want to build that  
social cohesion,

0:43:07.541,0:43:11.333

you know, within our community  
so that people don't feel like

0:43:11.333,0:43:15.625

they have to avoid people or, you know, do  
they really want my help?

0:43:15.625,0:43:16.708

Well, I don't really know.

0:43:16.708,0:43:18.750

So they probably don't want anything,  
so I'm not going to help.

0:43:18.750,0:43:21.041

And they're, they're struggling.

0:43:21.041,0:43:24.041

But,  
you know, we need to get back to that

0:43:24.208,0:43:27.750

social cohesion of community and getting,

0:43:28.500,0:43:31.708

you know, people knowing each other,  
neighbors helping neighbors,

0:43:31.708,0:43:34.708

knowing neighbors,  
and being friends with each other.

0:43:35.000,0:43:36.625

And no matter what your politics are

0:43:37.625,0:43:38.791

and your

0:43:38.791,0:43:43.041

religion or what you look like  
or anything like that,

0:43:43.041,0:43:45.708

you know,  
we can get together as a community

0:43:45.708,0:43:47.750

and help build each other up  
for the better.

0:43:47.750,0:43:48.708

That's right.

0:43:48.708,0:43:52.458

And Michael, thanks for spending  
more time with me again.

0:43:53.375,0:43:57.041

I mean it, I feel better every time  
I'm a better person when I'm with you.

0:43:57.333,0:43:58.000

I appreciate it.

0:43:58.000,0:44:00.541

I really feel that way.  
And I feel about you.

0:44:00.541,0:44:00.958

That's why,

0:44:00.958,0:44:03.166

you know, every time I see you  
and you giving

0:44:03.166,0:44:04.625

some kind of speech or something,

I always,

0:44:04.625,0:44:06.916

you know, I'm always yelling at you.

That was funny.

0:44:06.916,0:44:08.583

That was funny. That one you.

0:44:08.583,0:44:10.750

You're right.

0:44:10.750,0:44:12.583

You're on my right.

0:44:12.583,0:44:15.333

Yeah. And you're like,

you know, you're like, yeah, or something.

0:44:15.333,0:44:16.625

I was like, "preach!"

0:44:18.500,0:44:20.291

I give me another boost.

0:44:20.291,0:44:22.833

Actually. I'm like,

0:44:22.833,0:44:25.708

so, what you just said

0:44:25.708,0:44:28.708

is a great way to end because

0:44:28.916,0:44:30.708

times are hard right now.

0:44:30.708,0:44:35.166

If you turn on your TV

or look at the news, it's just hard.

0:44:35.416,0:44:37.625

It's messy out there.

0:44:37.625,0:44:40.125

And,

0:44:40.125,0:44:42.750

those things are kind of emanating

from Washington DC,

0:44:42.750,0:44:47.666

and it's it's affecting people,  
you know, whether it's directly affecting

0:44:47.666,0:44:50.166

or just affecting your psyche.

For me, it's

0:44:50.166,0:44:53.583

affecting our entire community  
and the and the and the morale and the.

0:44:54.208,0:44:55.041

You know what I mean?

0:44:55.041,0:44:58.625

Just the energy of our city  
is affected by these things.

0:44:59.125,0:45:04.000

And there's so much discontent,  
discontent and foment.

0:45:04.333,0:45:04.833

Right?

0:45:04.833,0:45:05.541



Yeah.

0:45:05.541,0:45:09.250

Disagreement

and we it's our responsibility as leaders

0:45:09.250,0:45:12.250

locally to to

0:45:12.291,0:45:13.333

push that stuff aside.

0:45:13.333,0:45:15.208

So this is not a Partizan situation.

0:45:15.208,0:45:16.375

This is a people situation.

0:45:17.375,0:45:18.041

And it's

0:45:18.041,0:45:21.958

really refreshing to be reminded

because I know it, because I know you

0:45:21.958,0:45:24.958

and I know so many others  
that are doing the kind of work you do,

0:45:25.208,0:45:28.208

but we have to continue to remind  
each other that this is what it's about.

0:45:28.416,0:45:31.416

Yeah, that's  
this is why we're here, right?

0:45:31.833,0:45:36.041

We're not here to make a political stance,  
to score political points,

0:45:36.041,0:45:40.541

or to make political headlines so that  
you can win points in your party or not.

0:45:40.708,0:45:42.916

You know,  
I mean, we're here to make impact

0:45:42.916,0:45:45.916

for people and prepare  
and to make connections.

0:45:46.333,0:45:48.125

And that's how a city thrives.

0:45:48.125,0:45:49.791

That's how Ogden's going to thrive.

0:45:49.791,0:45:50.833

That's the Ogden Way.

0:45:50.833,0:45:53.833

Preach. Preach.

0:45:54.416,0:45:55.625

Michael, thank you so much.

0:45:55.625,0:45:56.958

I love your heart. I love your spirit.

0:45:56.958,0:46:00.208

I'm so thankful I got to know you

and that we have a connection.

0:46:00.750,0:46:03.916

And I look forward to strengthening that,

furthering it.

0:46:04.625,0:46:07.625

And if there's anything I can ever do  
to help you

0:46:08.500,0:46:11.208

do that with and for others,  
please let me know.

0:46:11.208,0:46:13.833

Well, like I said the first time we met,  
how can I help?

0:46:13.833,0:46:14.208

I know.

0:46:14.208,0:46:15.208

Let me know too.

0:46:15.208,0:46:17.166

Okay, well, I think that you're going to  
be able to help with the Marshall White.

0:46:17.166,0:46:20.166

I know you're going to help  
with our fire department, but

0:46:20.250,0:46:22.916

I had another idea  
that I wanted to talk to you about.

0:46:25.500,0:46:26.250

Before you leave.

0:46:26.250,0:46:28.625

Okay. Just came to me  
during our interview.

0:46:28.625,0:46:29.041

Sounds good.

0:46:29.041,0:46:31.708

So we end every episode  
with a call to action.

0:46:31.708,0:46:35.375

So I'm just going to say,  
if you're looking for a way to give back

0:46:36.041,0:46:37.500

your call to action, it's

0:46:37.500,0:46:40.541

to reach out to Michael, to the American  
Red Cross in northern Utah.

0:46:41.208,0:46:45.458

Plenty of volunteer opportunities  
if you enjoy the fiduciary

0:46:45.458,0:46:47.750

responsibility of governance  
for nonprofits.

0:46:47.750,0:46:48.875

There's that.

0:46:48.875,0:46:52.500

But all of the volunteer opportunities  
that you mentioned be able to connect

0:46:52.500,0:46:56.125

and to give back,  
whether it's an hour or 40 per week,

0:46:57.250,0:46:59.583

Michael has it,  
the American Red cross has it.

0:46:59.583,0:47:03.750

There's the need out there and there's  
and there is so much goodwill to be had.

0:47:03.958,0:47:06.375

Right? Yes. Okay.

0:47:06.375,0:47:08.583

Until our next episode,  
thank you for joining us

0:47:08.583,0:47:12.208

here on the Ogden Way Podcast,  
Michael Smauldon, American Red cross.

0:47:12.416,0:47:13.833

Thank you for everything that you do.

0:47:13.833,0:47:16.625

And thank you for being here today with  
us. Thanks for having me. Many blessings.